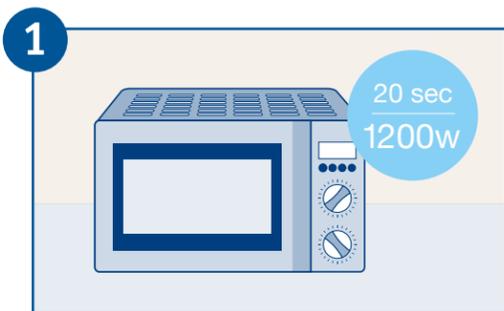




General Instructions for TENA® Bathing Glove

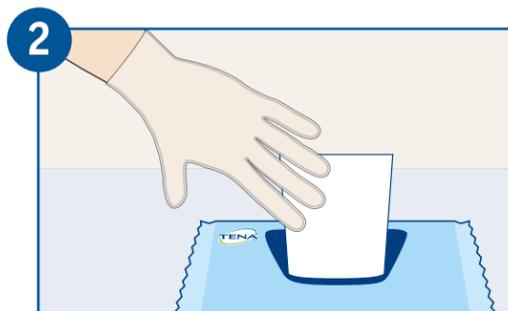
For caring and convenient body cleansing

Be sure to follow your institutional or local guidelines and policies for hygienic cleansing.



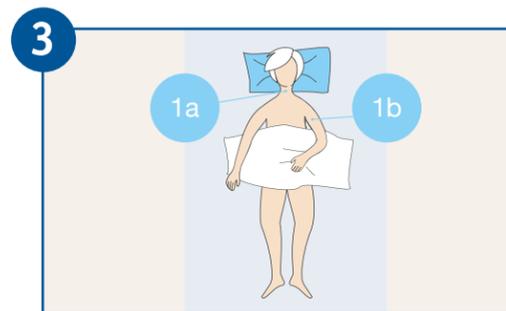
1 Warm the pack of gloves

If desired, the entire pack of gloves can be warmed by heating for 20 seconds in a 1200W microwave (wattage may vary, so adjust time accordingly). Do not overheat to avoid skin burns. Always check the temperature before use. Do not reheat an open pack.



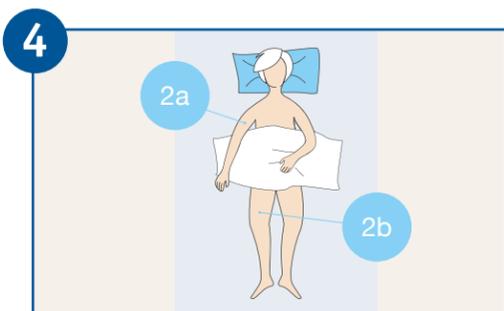
2 Use each glove one at a time

Using latex gloves, remove each bathing glove one-by-one, closing the pack after removal of each glove in order to maintain the temperature in the pack.



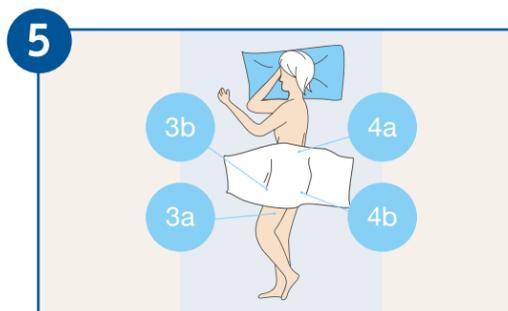
3 Use both sides of the glove

Take the first glove and begin by washing the face and neck (1a). Then turn the glove over and use the other side to wash the entire left side of the upper body (1b).



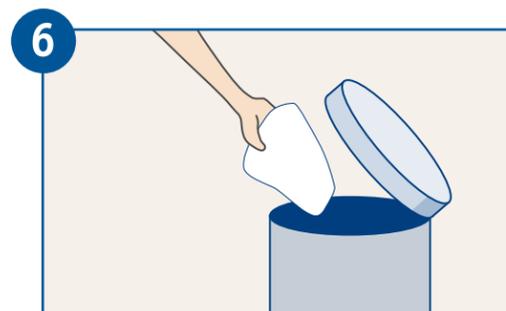
4 Work from the upper body towards the feet

Take the second glove and wash the entire right side of the upper body (2a). Then turn the glove over and use the other side to wash the right leg (2b). Always start with the thigh and work towards the direction of the feet.



5 Work from front to back in the perineal area

Use a third glove to wash the left leg (3a). Turn it over and use the other side to wash the front perineal area (3b). Always work from front to back. Turn the resident on his / her side and use a fourth glove to wash the back (4a). Turn it over and use the other side to wash the rear perineal area (4b).



6 Dispose of each glove directly after use

After washing, each glove should be disposed of. Do not use any gloves 48 hours after opening the pack.

General considerations

- Always avoid the eyes and the sensitive skin around the eyes
- Make sure to dry the skin fold areas (armpits, groin, and under the breasts)
- Packed for individual use only
- Remaining gloves can be used for additional washing or an evening refresher
- Use TENA® Washcloths with TENA® Cleansing Cream for washing the perineal area during absorbent product changes

