

3 WAYS TO CHECK YOUR RING SIZE AT HOME



You're just a few moments away from knowing your pinky ring size - something every woman should know! Keep in mind you can use multiple methods below to verify your size selection. No matter what size you go with, remember that our rings can easily be resized by your local jewelry store.

When determining your ring size, choose the size that can make it over your knuckle comfortably, but is still a snug fit. When it comes to pinky rings, a little tight is better than a little loose. If it is a particularly hot day, or you've had a lot of salty foods or alcohol (which all increase your finger size), you may want to wait until tomorrow to get your true size.

#1 PAPER RING SIZER



Cut a piece of paper into a strip.



Wrap the strip around the widest part of your pinky finger, closest to your knuckle.

Make sure you are able to slide the strip over your knuckle.



Make a mark where the strip begins to overlap.



Measure the strip from the end to the mark in millimeters (mm) to find your pinky's circumference. Use ruler on page 2 or your own. Round up if unsure.



Use the **U.S. Ring Size Chart** on page 2 to find your ring size.

#2 TWO SIZES DOWN



Note your ring finger size.



Not sure? Use the **Ring Size Circles Chart** on page 2.

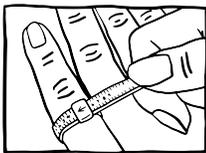


Go down two sizes from your ring finger to determine your pinky ring size.



This method is not always 100% because everyone's hands are different. If your ring doesn't fit it can always be resized.

#3 ORDER A FRED AND FAR RING SIZER



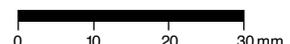
Visit bit.ly/pinkyringsizer and purchase a ring sizer for \$5.99. This will take 5-7 business days and is only available in the U.S. For international customers, search for and purchase a multisizer on eBay or Amazon.

Questions? We are here to help. Email hello@fredandfar.com

FRED  **FAR**
A SELF LOVE MOVEMENT

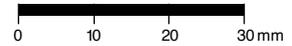
PRINT INSTRUCTIONS:

Prior to printing, ensure that Page Scaling is set to "100%" on your print dialog box. Make sure your page is printed to scale by measuring the bar below. It must be exactly 30 mm long.



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U.S. RING SIZE CHART	
Inside Circumference	Sizes
(mm)	US Canada
38	1/2
39	1
40	1 1/2
42	2
43	2 1/2
44	3
45	3 1/2
47	4
48	4 1/2
49	5
51	5 1/2
52	6
53	6 1/2
55	7
56	7 1/2
57	8
58	8 1/2
59	9
61	9 1/2
62	10
63	10 1/2
65	11
66	11 1/2
68	12
69	12 1/2
70	13

RING SIZE CIRCLES CHART

Place your ring on each of the circles below and pick the size that best matches the inner edge (inside diameter) of your ring.

1 1.5 2 2.5

3 3.5 4 4.5

5 5.5 6 6.5

7 7.5 8 8.5

9 9.5 10 10.5

11 11.5 12

12.5 13

