

# COSMOPOLITAN

relax!

IT'S THE  
HOLIDAYS

35

perfect  
summer  
dresses &  
playsuits

4

cute ways  
to style  
salty hair

30

brilliant  
books to  
take to  
the beach

Summer? Yep, Lara's nailing it

FEEL HAPPY  
IN YOUR BIKINI  
NEW STYLES YOU'LL LOVE

COSMO REPORT:

Bargain  
Botox

The \$13 jab getting  
women hooked

COSMO'S

SEXY  
ADVENT  
CALENDAR

NO CHEAP CHOCOLATE,  
JUST CHEEKY FUN

COSMOPOLITAN.com.au



JANUARY 2016  
AUS \$7.95 NZ \$8.80

9 313006 000501



# CHANGERS

a spot in the cabinet for these absolute legends



**R+Co Badlands Dry Shampoo Paste, \$46**  
Part dry shampoo, part styling paste, the rave reviews from OS are well-founded. It absorbs oil, adds lived-in texture, smells delish and leaves zero texture. Zero. Your hair still feels nice, not all powdery.

**COVERGIRL Bombshell Pow-Der Brow + Liner, \$11.95**  
You can add thickness to sparse brows, boosting them with the natural-looking fine powder or simply defining them by sketching in "hairs". Use it as an eyeshadow/liner tool! So versatile.

**The Beauty Chef Probiotic Skin Refiner, \$69.95**  
Moving beyond the "you are what you eat" mantra, pros are using the anti-inflammatory powers of probiotics for everything from ageing to acne.

**Cover FX Custom Cover Drops from Sephora, \$62**  
Turn a regular moisturiser into a tinted one, an oil or serum into base makeup or a lightweight foundation into a full-cover one with these magical drops that let you control your coverage.

## HOW LONG YOUR FAVOURITE PRODUCTS REALLY LAST

*It could be time to break up with some of your makeup*

### 2-3 MONTHS

- MASCARA
- FACE MASK
- NAIL FILE

### 6 MONTHS TO 1 YEAR

- LIQUID LINER
- LIQUID FOUNDATION
- CONCEALER
- EYE CREAM
- SERUM

### 1 TO 1.5 YEARS

- LIPGLOSS
- FACE CREAM (JAR)
- SUNSCREEN
- SHOWER GEL
- EYEBROW GEL

### 2 YEARS

- LIP & EYE PENCILS
- LIPSTICK
- NAIL POLISH
- POWDER SHADOW
- POWDER BLUSH
- SCRUBS IN A JAR

### 3 YEARS

- SHAMPOO & CONDITIONER
- PUMP BODY LOTION
- PERFUME
- HAIRSPRAY