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BEAUTY BITES

with Jessica Mauboy

We caught up with the 26-year-old singer, who recently released a pineapple and rose fragrance.

What's the inspiration behind your new fragrance?

"It's made of all the key smells that I remember growing up with in Darwin.

My grandmother used to make rosewater sponge cake and Dad was always cutting pineapples in the sun on the farm. My fragrance is a mix of the two, bringing my childhood back to life again."

What's your ultimate summer beauty tip?

"Avoid wearing make-up. All I wear is Maybelline's 3D mascara [Maybelline NY Illegal Length Mascara, \$18.50]. It's one of my favourite products if I just want to have a 'no make-up' kinda day. I also love coconut oil. The smell is so calming and it's a beautiful moisturiser."

How do you look after your skin?

"I wash my face with HydroPeptide. It really works for my skin as it is anti-wrinkle and a make-up face wash, which is perfect as I'm constantly wearing make-up on set."

Jessica Mauboy Be Beautiful EDT 50ml, \$24.95.

OH NO, IT'S A WRINKLE

Hey there, first brush with mortality. Here's how to deal.

RELAX

Stress is linked to wrinkle formation, so now is the time to get your Om on. Be a Zen Hen and meditate your way out of hectic situations.

HYDRATE

Moisturiser smooths skin and makes wrinkles less obvious. Make friends with pore refiners.

TIGHTEN UP

Try a firming treatment with peptides to plump up your skin.

GET PERSPECTIVE

A few laugh lines and eye crinkles add character (and odds are, only you will really notice them).

SURF'S UP

Always end up with a colour fade in summer? If you don't protect your hair from the sun, salt and chlorine, you'll run the risk of discolouration. Traditional remedies, such as rinsing with lemon or vinegar, will work wonders, but to effectively combat colour fade, use a protective veil in your hair when you're at the beach, then moisturise with a repair mask after. We're loving this Swedish duo: **Sachajuan Hair In The Sun** and **Hair After The Sun**, \$35 each.



The peel-good factor

The best way to bring dull skin back to life is with a peel. Here's our round-up of the best on the shelves.



1 Ella Baché Resurfacing Peel, \$82.

Mimicking a salon peel, this wash-off three- to five-minute treatment uses apple vinegar and hydroxy acids to even out the complexion. Do the time, then rinse off.

2 The Beauty Chef Probiotic Skin Refiner, \$69.95.

Get eco-friendly with this product that uses lactic acid from bio-fermentation to exfoliate the skin. Wipe over your face after cleansing.

3 Philosophy's Microdelivery Overnight Anti-Aging Peel, \$110.

An overnight treatment that combines the micro-exfoliation of a peel and the restorative benefits of a soothing sleep mask. Slap on and snooze.

Q&A So many stylists have haircare lines. Are they better than the pharmacy stuff? *Melanie, QLD*



SELENA GOMEZ

Not necessarily, although we *are* loving **Kevin.Murphy Powder.Puff**, \$33.95. It's the fragrance oils in pro lines like this that make your hair smell as luxurious as an in-salon treatment. Then there's the cool factor; you're in good company with the salon's celeb clients. Still, nothing gets your hair as smooth as Selena Gomez' than Pantene or TRESemmé. Our advice? Think of your hair stash like your jeans – mix and match (designer one day, Levi's the next).



Got a burning beauty question? Email us at cleo@bauermedia.com.au