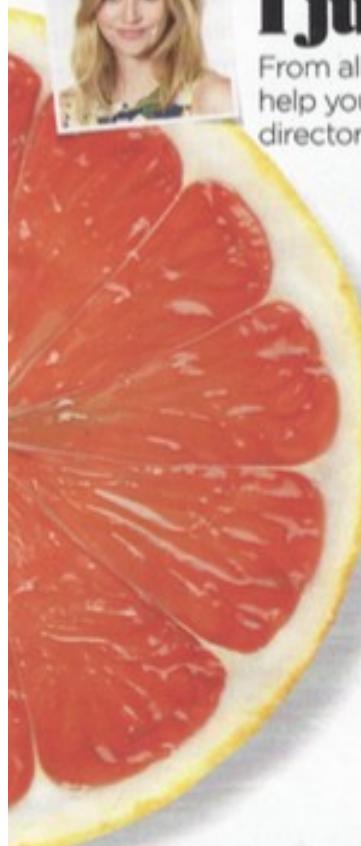


# 5 beauty tricks I just learned

From all-natural skin remedies to breakthroughs that help your makeup and scent go the extra mile, beauty director Victoria Kirby has the insider fixes you need.



## There's a simple D.I.Y. to hide cellulite

Rather than plunk down money on a cellulite cream, I've been whipping up this body scrub at home whenever I want smoother skin. I got the recipe from Carla Oates, founder of TheBeautyChef.com: Stir 1 cup raw sugar with ½ cup coconut oil and 20 drops of grapefruit essential oil. "Rub the mix all over damp skin, focusing on your thighs and butt," she told me. "The coconut oil plumps skin temporarily, while grapefruit oil is high in bromelain, an anti-inflammatory enzyme that some believe reduces the appearance of cellulite."

## YOUR FRAGRANCE CAN LAST MUCH, MUCH LONGER

I'm talking all day, people. This clever concoction does for perfume what a topcoat does for nail polish. Developed by beauty executive Francine Gingras, FragranceLock (\$34) is a clear mist that you spritz over scent after you've applied it. The blend of mainly natural oils creates a meshlike layer on skin that traps the fragrance so it smells fresh for more than 12 hours. I used it one morning over my favorite citrus perfume—which normally dissipates by lunchtime—and I could still smell it on my arms at dinner. (15 readers will win one; see page 160 for details.)



## This mascara works after you take it off

I'm often asked if having your lashes tinted at a salon is safe. Truth is, the FDA hasn't approved any dyes for use on eyelashes, so why risk it? Especially now that you can get a similar effect from this new Rimmel mascara. Here's the upshot: You apply it, then remove it at night just like any other mascara, but while it's on your lashes, a natural, food-derived colorant slowly tints them a shade or two darker. The result kicks in after two weeks of daily use, and wears off if you stop using the product—but it does the job so well, you may not want to.



RIMMEL LONDON Wonder'Lash Volume Colourist Mascara, \$9.49.

CURÉL Hydra Therapy Wet Skin Moisturizer, \$10.99.



## It's now easier to calm eczema

As anyone dealing with the condition knows, not all lotions relieve the irritation. "People with eczema tend to lack ceramides in their skin, which are critical to maintain a healthy skin barrier," says Whitney Bowe, M.D., a clinical assistant professor of dermatology at Mount Sinai's Icahn School of Medicine in New York City. "So a body moisturizer that contains ceramides is key." Curel's new one also has eucalyptus extract, known to increase skin's ceramide production. If you get flare-ups around your eyes or mouth, an oil-rich ointment like SkinFix's helps seal skin's barrier to protect it from losing moisture.



SKINFIX Extra Strength Sheer Face Ointment, \$18.99.

## FOR AN INSTANT GLOW, SPLASH MILK ON YOUR FACE

It does a body and your complexion good. So says Sarah Lee, cofounder of GlowRecipe.com, a site devoted to Korean beauty products. I asked Sarah for any secrets that could brighten my dull skin. She told me, "It's a tradition in Korean bathhouses for women to splash milk on their faces, as the lactic acid exfoliates skin and gives it an immediate radiance." This absolutely helped me, but you can also try a splash mask, which is all the rage in Korea. Pour one of these liquid treatments in your hands, rinse it over skin, pat in for 15 seconds, then wash with water. Sarah likes Blithe Patting Splash Mask Energy Yellow Citrus & Honey (\$45), which is rich in lactic acid, plus nourishing honey.



J. MUCKLE/STUDIO D. GRAPEFRUIT: ALEA/IMAGE/GETTY IMAGES. KIRBY: J. RYAN ROBERTS/STUDIO D.