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 KEY POINTS TO BECOMING A

 Registered Canadian Reflexology

 Therapist (RCRT™)

A Registered Canadian Reflexology Therapist (RCRT[™]) is a professional reflexology therapist who is properly trained in the techniques of reflexology and/or specialized protocols and has been tested in the professional application of reflexology.

RCRT™s are subject to the highest level of competency through the RCRT™ Exam and continuing education and are working within RAC's Standard of Practice and professional Code of Conduct and ethics

The Association ensures that all professionals who bear the federally-trademarked designation of RCRT[™], abide by these procedures. In this aim, we are protecting the profession as well as the public's interest and safety.

Some of the Benefits of **becoming an RCRT**™



The federally trademarked Registered Canadian Reflexology Therapist designation—RCRT[™]



Individualized registration number to include on your reflexology receipts



Advocacy on your behalf: participate in a National Organization that works to protect your profession



Access to a community of fellow Reflexology Therapists in your province and/or region.

And so much more!

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www.reflexologycanada.org info@reflexologycanada.org 1-877-RAC-FEET



1.) COMPLETE A REFLEXOLOGY CERTIFICATION COURSE

The costs, dates, length and format of the course will also vary depending on the school/course provider. However, the course should include core reflexology + reflexology technique, a written exam, a practicum that includes at least 50 case studies that are reviewed by an instructor, and an in-person practical exam.

2.) REGISTER FOR THE RCRT[™] EXAM

The RCRT[™] Exam consists of an open book written component followed by a practical component that assesses the professional application of your reflexology knowledge. Application includes a non-refundable application fee of \$50.00. (unless your course provider has accredited the reflexology training with RAC, in which the fee is waive) and an exam fee of \$150.00. Upon payment, you will receive all of the necessary information that you will need to be successful in this examination.

3.) BOOK YOUR EXAM

As a Candidate, you have up to six (6) months from the time of registration to prepare for your exam. Once you are ready, you can book to take your RCRT™ Exam with one of our approved RCRT™ Examiners. A list of examiners in your area can be found on RAC's website. The written and practical components may be done at different times and with different examiners. Each component is 1.5 hours in length.

4.) BECOME A PROFESSIONAL MEMBER

On successful completion of the RCRT[™] Exam, you will receive an invitation to join RAC as a Professional Member to become a professional member and join our continuing education program. As a professional member in good standing, you have the right use the RCRT[™] designation. Pay your membership fee and receive a RCRT[™] number that you can use on your reflexology receipts. At this time, we can assit you in obtaining professional liability insurance.

ABOUT THE REFLEXOLOGY ASSOCIATION OF CANADA

RAC exists to unify and advocate on behalf of Reflexology Therapists and to promote Reflexology as a valuable complementary therapy. The Reflexology Association of Canada aims to be the foremost registering body of Reflexology Therapists in Canada. In this aim, we are protecting the public's interest and safety.

RAC is the oldest national reflexology association in the world—right here in Canada! We have been in existence since 1976 and have members and provincial chapters across Canada and internationally.



