## SEA RANGER GMT

## NH34 AUTOMATIC GMT 4 HANDS DATE

SETTING THE DATE \& SECOND TIME ZONE

1) Unscrew the crown \& pull out the crown to the first click position.
2) Turn the crown anti-clockwise to set the correct date
3) Turn the crown clockwise to set the 24 hour hand.
4) Push the crown back into the normal crown position \& screw in the crown.

* If the date is adjusted between the hours of around 8:30 PM and 2:00 AM the date may not change on the following day.
Important
-For long life of the Automatic movement, you have to rotate the hands
Clockwise only.
-NEVER do any adjustment/setting between 9 pm to 3 am


## TO WIND UP THE MAINSPRING

Automatic winding watch can be also manual-winded by turning the crown in normal crown position. Wind 15-20 times clockwise until second hand starts to move naturally.

* This watch MUST be worn for at least 8 (Eight) hours each day to ensure it is fully wound. An automatic watch will only wind when the watch is on your wrist and your arm moves. Winding the watch by the crown will put power on the spring but not enough to allow the watch to function fully. If your watch stops overnight or loses time it means it is not being fully wound.


