

Elle's Tasty Plates

This week's eats...

Salads & Soup

THE FARM +7 grilled chicken	15
Literally the farm: kale, seasonal vegetables, fried egg, glazed pecans, and topped w/ classic vinaigrette	
VEGETABLES GALORE ^{v²}	15
No meat. No problem. A mélange of vegetables lightly tossed in citrus vinaigrette.	
HARVEST TIME ^v	12.5
First of the season pears, lightly sweetened cranberries, spicy arugula w/blue cheese, fresh herbs, and balsamic vinaigrette are the perfect combination for a light bite.. Add grilled chicken for a hearty meal.	
CUMIN CHICKEN & WILD RICE SOUP served w/cornbread	13
Loaded. Just loaded. A broth so rich, it's deserving of poblano peppers and the right blend of spices along w/sweet potatoes, and wild rice. Loaded w/nutrients. Loaded w/flavor.	

ENTREES

OXTAILS & GRITS	22
Some say it's the seasoning. Others claim it's the braising. We say it's both and call it delicious.	
BRAISED MEATBALLS & BUTTERED NOODLES	22
Simple. Savory. Undeniably delicious. Paired together, these meatballs w/red wine gravy and garlic buttered noodles check all three boxes, The only thing missing is a glass of wine, but wine is in the sauce. Includes sautéed spinach.	
HEN & ROLLS	22
If fried poultry could speak, it would ask to be brined. So, brined it is. The Cornish hen is then dipped in buttermilk, lightly battered and fried. Duck fat potatoes and Grandmother Ruth's pillowy yeast rolls are served to complete the meal.	
CHICKEN & GRAVY served w/sautéed spinach and creamy grits	24
Once brined and perfectly roasted, the chicken's drippings are used to render a crowd-pleasing, light gravy.	
MUSHROOM PASTA	18
Think stroganoff w/out beef, but grilled chicken. Think creamy and full of fresh herbs. Think delicious because it is. Served w/a side of green beans.	
CHICKEN PARMIGIANA & GARLIC SPAGHETTI	22
This is truly an Italian classic. Enough said.	
CHICKEN POT PIE	22
The perfect pot pie's chicken is tender, loaded w/vegetables in a rich broth and topped w/a buttery, golden crust. Includes a side salad w/vinaigrette.	
MUSHROOM POT PIE ^v	18
Similar to its meaty counterpart, this pot pie is loaded w/mushrooms instead of vegetables and chicken—perfect for vegetarians or those wanting a change. Includes a side salad w/vinaigrette.	
KHALANI GLAZED SALMON	22
Dieticians are quick to tout salmon's benefits. Chef Elle's Tasty Plates can now add 'delicious' to the list. Far from poached or loaded w/dill, each hearty piece is lightly seasoned, then smeared in a signature glaze of pineapple, ginger, and a blend of spices. For a complete meal, the salmon is paired w/roasted asparagus.	
JERK TROUT	22
We heard you loud and clear: <i>Jerk Trout is BACK!</i> Yes, now you can enjoy this delicate fish seasoned ever so authentically. This island dish makes its way to the South w/pimento cheese grits and collard slaw.	
SHRIMP & GRITTS	24
Let's settle this once and for all: there's never an off time to have shrimp and grits. And to seal the meal, roasted asparagus and a touch of red pepper coulis are included.	

SIDES

BRAISED GREENS ^{v²}	6
GREEN BEANS ^{v²}	6
ROASTED BEETS ^{v²}	6
DUCK FAT POTATOES ^v	8
3-CHEESE MACARONI ^v	6

DESSERTS

POUND CAKE LOAF	5
Other than moist, tender and buttery, it is what it is: vanilla pound cake.	
CHOCOLATE BROWNIE set of 4	20
Rich, decadent, and gluten-free. Is there anything more?	

Coming soon...

BEVERAGES

Worth mentioning...

Meals are delivered Monday, Wednesday-Friday between 3p and 5p.
To better serve you, we require a 24-hour order notice.
Indicate any dietary restrictions, allergies or food sensitivities in the *Special Instructions* section.

gf -gluten-friendly
v -vegetarian
v² -vegan

delivering tasty plates...

Because your food is prepared fresh and more labor intensive, a 48-hour notice is required on all catering orders.