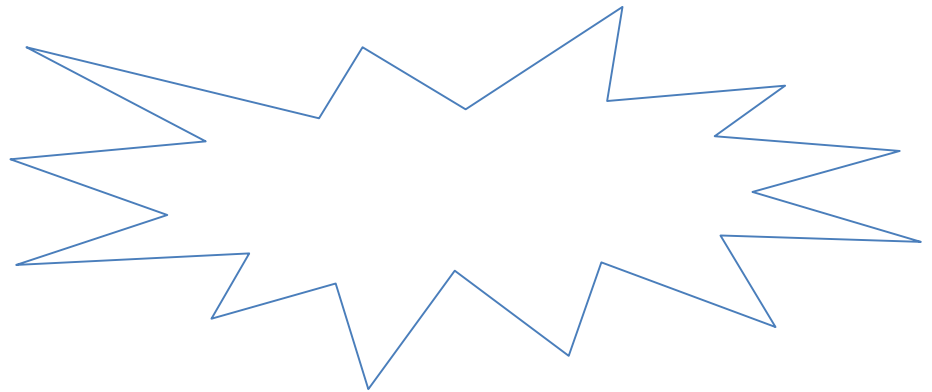


Writtle Young Chef of the Year Competition

Name your Dish



Ingredients

Method

My Dish should win because... (in no more than 25 words)

Entries must be returned to Class Teachers by Monday, 20th June 2016

Name & Class

Competition Guidelines

Pick a dish that you like, and that you think your friends will like, but make it different!

It can be a family favourite, taken from a recipe(s), or completely your own work!

Make it School friendly - it could end up on your menu!

Don't pick the obvious!

Your dish should be healthy as well as tasty and attractive...



Try to find ingredients that are seasonal, especially fruit and vegetables

Keep it simple but be imaginative

Ideally, your dish should take no more than one hour to cook - our chefs will show you how to prepare your ingredients in the quickest and safest way

Give your dish a name - it should be original, appealing and accurate

Make sure your ingredients and measurements are clear and your method makes sense so that others can follow your recipe

Most of all...have fun!

Further details are available on the Ashlyns' website www.ashlyns.co.uk/pages/wriddle