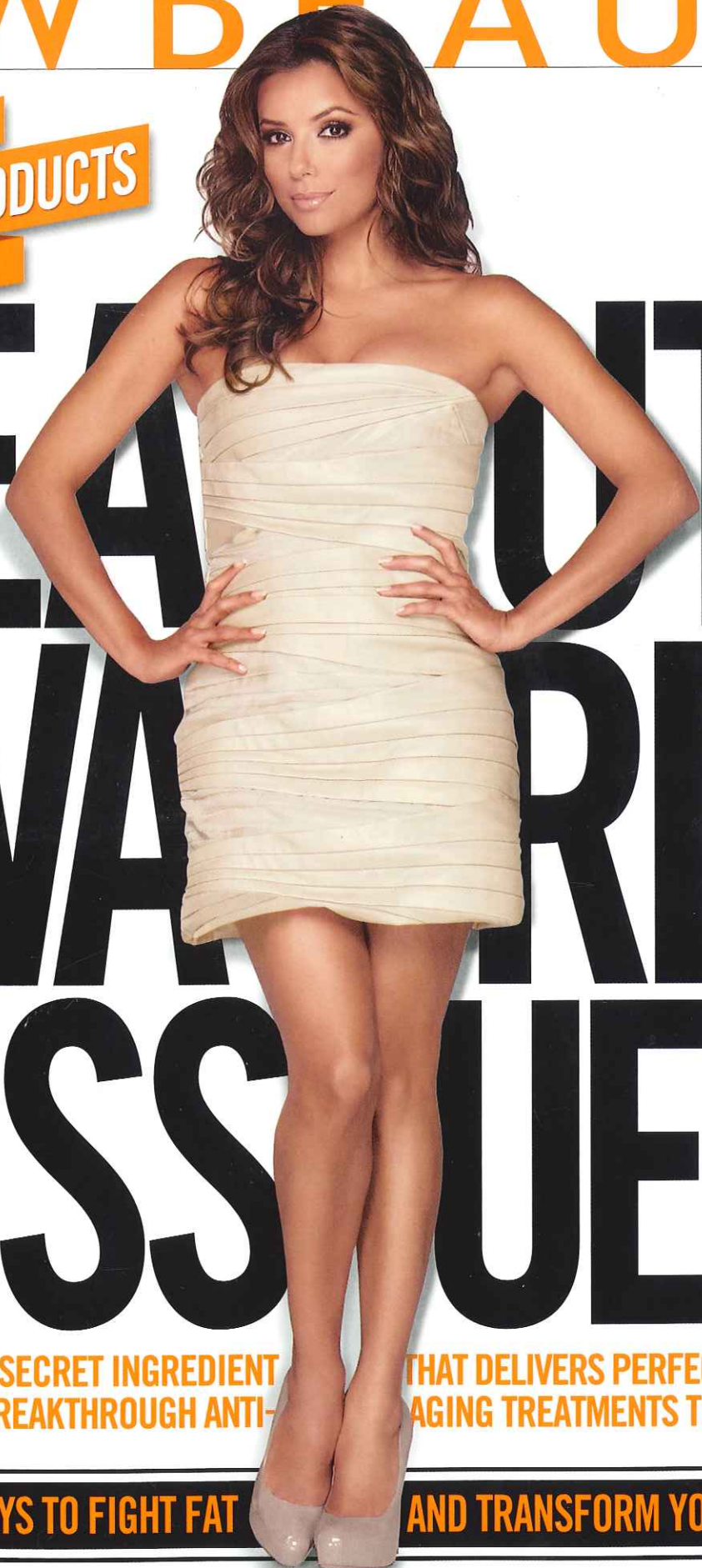


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THE 100 BEST PRODUCTS
OF THE YEAR!



BEAUTY AWARDS

ISSUE

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WINTER/SPRING 2012
DISPLAY UNTIL MARCH 26

PLUS: THE SECRET INGREDIENT THAT DELIVERS PERFECT SKIN INSTANTLY AND TEN BREAKTHROUGH ANTI-AGING TREATMENTS THAT REALLY WORK

EXPERTS REVEAL INSIDER SECRETS

NEW WAYS TO FIGHT FAT

AND TRANSFORM YOUR BODY IN MINUTES

EXPERT TIP

Before you step into the tub, find out if the spa requires a bathing suit for soaking. "This can go either way," says Ellis. "So be sure to check with the spa before you go."

2

WHERE TO FIND THEM



an exotic beauty bath

LOCATION St. Barths

Like the name suggests, **The St. Barth Dream at Serenity Spa Cottage at Hotel Le Toiny**, St. Barths, aims to create conditioned, velvety-soft, silky skin through a 30-minute relaxing soak. With a concoction of coconut-vanilla, avocado-tiare and coconut-lily, the scent is heavenly, while the skin is supplied with a slew of minerals and vitamins that your therapist carefully creates specifically for your skin. "The innovative formulations and selected creams help with hydrating, nourishing and anti-aging," says spa director Simão da Silva. *\$45 for 30 minutes, letoiny.com*

1

WHERE TO FIND THEM



the sore-muscle soak

LOCATION Philipsburg, Montana

Although it specializes in the outdoors, **The Ranch at Rock Creek's Spa** in Montana also has the luxury relaxing routine down. The spa offers customized facials and massage treatments, but spa director Welles recommends the **Saddle Sore Soak** for when a little more "unwinding, balancing and calming" is needed. The 75-minute bath features a custom blend of aromatic and healing herbs (infused with comfrey, sage, burdock, rosemary, lavender, chamomile, spearmint, elder and licorice) designed to soak away muscle soreness. *\$135, theranchatrockcreek.com*

THE BEST
OVERALL
FACE MASK

Guinot Hydra Sensitive Face Mask

Why it won

Relieves the side effects of sensitive skin like redness and tingling. *\$39, guinotusa.com*



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