

**WHITE CHEDDAR**

**INGREDIENTS:** Cheddar Cheese (Milk, Salt, cheese cultures, enzymes), Whey, Buttermilk, Salt, Disodium Phosphate

**Allergens:** Milk

**SOUR CREAM**

**INGREDIENTS:** Salt, Buttermilk Powder, Sour Cream (Nonfat milk, cream & cultures), Dehydrated onion and garlic, natural flavors, dextrose, maltodextrin, autolyzed yeast extract, lactic acid, parsley, and disodium inosinate & guanylate.

**Allergens:** Milk and Soy

**BUTTER SALT**

**INGREDIENTS:** Salt, Maltodextrin, Natural Butter Flavor, Annatto and Turmeric (for color), "Contains Milk" Modified Food Starch FD&C Yellow #5, FD&C Yellow #6, Natural and Artificial Flavor. Tricalcium Phosphate Added as Anticaking Agent Contains No Trans-Fat Acids.

**Allergens:** Milk

**Sea Salt: Sea Salt**

**FINE WHITE POPCORN SALT**

**INGREDIENTS:** SALT, TRICALCIUM PHOSPHATE ADDED AS ANTICAKING AGENT.

**PEANUT OIL**

Pour enough oil into the pan to cover the bottom. Add three kernels into a heavy bottom pan. When they pop, add 4 oz. of popcorn, lower the heat slightly. Continuously agitate pan until the popcorn ceases to pop. If using popcorn popper follow manufactures instructions.

<b>Nutrition Facts</b>	
Serving Size 60g	
Servings per container: 8	
<b>Amount per Serving</b>	
Calories 486	Calories From Fat 486
*Daily Value*	
<b>Total Fat</b> 55g	
Saturated Fat 9.9g	18%
<b>Cholesterol</b> 0g	
<b>Sodium</b> 0g	
<b>Total Carbohydrates</b> 0g	-- 0%
Dietary Fiber 0g	
Sugars 0g	
<b>Protein</b> 0g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Ingredients: PEANUT OIL WITH NATURAL COLOR ADDED	
Contains allergy prone ingredients: Peanut	

Distributed By: Riehle Select Popcorn  
9632 North County Road 800 East  
Sunman, Indiana 47041  
www.riehlesselect.com

**CARAMEL GLAZE**

Instructions:

1. Measure 1/3 cup of popcorn and 5 Tbsp of oil into popper (do not add any salt).
2. When oil is hot, add 1/8 cup glaze around inside of pan (do not pour directly into center of pan).
3. When popping slows, remove pan from heat and dump out immediately.

<b>Nutrition Facts</b>	
Serving Size 100g Servings Per Container 3	
<b>Amount per Serving</b>	
Calories 380	Calories from Fat 0
%Daily Value*	
<b>Total Fat</b> 0g	0%
<b>Saturated Fat</b> 0g	0%
<b>Trans Fat</b> 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 75mg	3%
<b>Total Carbohydrates</b> 28g	10%
Dietary Fiber 0g	1%
Sugars 27g	
<b>Protein</b> 0g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 6%
Not a significant source of saturated fat, vitamin A, vitamin C or calcium. *Percent Daily Values are based on a 2,000 calorie diet.	
Ingredients: Sugar, brown sugar, molasses, soy lecithin, salt, artificial flavors, FD&C Yellow No 5 (E102), FD&C Red No 40 (E127), FD&C Blue No.1, (E133)	
<b>Allergens:</b> Contains SOY.	

**CANOLA OIL (BUTTER)**

Pour enough oil into the pan to cover the bottom. Add three kernels into a heavy bottom pan. When they pop, add 4 oz. of popcorn, lower the heat slightly. Continuously agitate pan until the popcorn ceases to pop. Season to taste. If using a popcorn popper, follow manufactures instructions.

<b>Nutrition Facts</b>	
Serving Size 1 Tbsp (14g)	
Servings per container: about 28	
<b>Amount per Serving</b>	
Calories 124	Calories from Fat 124
%Daily Value*	
<b>Total Fat</b> 14g	22%
<b>Saturated Fat</b> 1g	4%
<b>Polyunsaturated Fat</b> 4g	
<b>Monounsaturated Fat</b> 9g	
<b>Trans Fatty Acid</b> 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 0mg	0%
<b>Total Carbohydrates</b> 0g	0%
<b>Protein</b> 0g	
* Vitamin E 20% *	
Not a significant source of dietary fiber, sugars, vitamin A, vitamin C, calcium and iron. *Percent Daily Values are based on a 2,000 calorie diet.	
Ingredients: Made from canola oil, colored with artificially butter flavored Beta Carotene and with TBHQ and Citric Acid to retard oxidation.	
May contain traces of peanut oil.	

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## UNPOPPED POPCORN

### Stove Top Cooking Instructions:

Pour enough oil into the pan to cover the bottom. Preheat oil and drop three kernels into a heavy bottom pan. When they pop, add 4 oz. of popcorn, lower the heat slightly. Continuously agitate pan until the popcorn ceases to pop. Season to taste.

Nutrition Facts	
about 28 servings per container	
Serving Size 2 tbs p (30g)	
<b>Amount per Serving</b>	
<b>Calories 110</b>	
<b>% Daily Value*</b>	
Total Fat	1.5 g 2%
Saturated Fat	0g 0%
Trans Fat	0g
Cholesterol	0mg 0%
Sodium	0mg 0%
Total Carbohydrate	22g 8%
Dietary Fiber	6g 24%
Total Sugars	0g
Includes 0g of Added Sugars	0%
<b>Protein 3g</b>	
Vitamin D	0mcg 0%
Calcium	1mg 0%
Iron	1mg 4%
Potassium	92mg 0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Riehle Enterprises, LLC  
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## BUTTERY TOPPING

Pour enough oil into the pan to cover the bottom. Add three kernels into a heavy bottom pan. When they pop, add 4 oz. of popcorn, lower the heat slightly. Continuously agitate pan until the popcorn ceases to pop. If using popcorn popper follow manufactures instructions. Measure 3 TBSP of Buttery Topping and drizzle over popped popcorn, or to your liking.

Nutrition Facts	
Serving Size 1 Tbsp (12g)	
<b>Amount per Serving</b>	
<b>Calories 110</b>	
<b>% Daily Value*</b>	
Total Fat	12g 18%
Saturated Fat	4g 20%
Trans Fat	0g 0%
Cholesterol	0mg 0%
Sodium	0mg 0%
Total Carbohydrates	0g 0%
Protein	0g 0%

Not a significant source of saturated fat, Vitamin A, Vitamin C or calcium. \*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Soybean Oil, Palm Oil, Artificial Butter Flavor, TBHQ and Citric Acid (added as antioxidant), Beta-Carotene (added for Color), Dimethyl Polysiloxane (added as an anti-foaming agent)

\*This product was processed in a facility that uses nuts &/or nut products

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## Kettle Corn Microwave

### Nutrition Facts

Serving Size 2 Tbsp. (33g) Unpopped  
4.0 cups Popped  
Servings Per Container about 9

Amount Per Serving	Packaged	1 Cup Popped
<b>Calories</b>	160	40
Calories from fat	70	15
<b>% Daily Value**</b>		
<b>Total Fat</b> 8g, 2g*	12%	3%
Saturated Fat 4g, 1g*	20%	5%
Trans Fat 0g		
<b>Cholesterol</b> 0mg, 0mg*	0%	0%
<b>Sodium</b> 150mg, 40mg*	6%	2%
<b>Total Carbohydrate</b> 19g, 4g*	6%	1%
Dietary Fiber 3g, 1g*	12%	4%
Sugars <1g, 0g*		
<b>Protein</b> 3g, <1g*		
Vitamin A	4%	0%
Iron	4%	0%

Not a significant source of Cholesterol, Vitamin C, and Calcium.

\* Amount per popped cup  
\*\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Popcorn, Palm Oil, Salt, Natural and Artificial Butter Flavor, Soy Lecithin, Sucralose.

Allergen Information: Contains Milk and Soy

## NATURAL LITE MICROWAVE

### Nutrition Facts

Serving Size 2 Tbsp. (33g) Unpopped  
4.0 cups Popped  
Servings Per Bag 2.5  
Servings Per Container 8

Amount Per Serving	Packaged	1 Cup Popped
<b>Calories</b>	140	35
Calories from fat	45	7
<b>% Daily Value**</b>		
<b>Total Fat</b> 5g, 1g*	8%	1%
Saturated Fat 2g, 0.5g*	10%	2%
Trans Fat 0g		
<b>Cholesterol</b> 0mg, 0mg*	0%	0%
<b>Sodium</b> 160mg, 25mg*	7%	1%
<b>Total Carbohydrate</b> 19g, 4g*	6%	1%
Dietary Fiber 3g, 1g*	12%	4%
Sugars 0g		
<b>Protein</b> 3g		
Vitamin A	0%	Vitamin C 0%
Iron	4%	Calcium 0%

Not a significant source of Cholesterol, Vitamin C, and Calcium.

\* Amount per popped cup  
\*\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: White Popcorn, Palm Oil, Salt.

Allergen Information: May Contain Milk

## BUTTER MICROWAVE

### Nutrition Facts

Serving Size 2 Tbsp. (33g) Unpopped  
4.0 cups Popped  
Servings Per Container about 9

Amount Per Serving	Packaged	1 Cup Popped
<b>Calories</b>	160	40
Calories from fat	70	15
<b>% Daily Value**</b>		
<b>Total Fat</b> 8g, 2g*	12%	3%
Saturated Fat 4g, 1g*	20%	5%
Trans Fat 0g		
<b>Cholesterol</b> 0mg, 0mg*	0%	0%
<b>Sodium</b> 320mg, 45mg*	13%	2%
<b>Total Carbohydrate</b> 19g, 4g*	6%	1%
Dietary Fiber 3g, 1g*	12%	4%
Sugars <1g, 0g*		
<b>Protein</b> 3g, <1g*		
Vitamin A	4%	0%
Iron	4%	0%

Not a significant source of Cholesterol, Vitamin C, and Calcium.

\* Amount per popped cup  
\*\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Gourmet Hullless Popcorn, Palm Oil, Salt, Natural and Artificial Flavors, Soy Lecithin, Beta Carotene Color.

Allergen Information: Contains Milk and Soy