

scout **HR**

powered by **striiv**



Physician Summary Report

User ID:



Recording Period:

2/8/18 at 11:58am to 2/14/18 at 5:26pm
Pacific Standard Time

Name:



Report Summary

The recorded findings suggest that further evaluation is recommended.

The Scout HR Assessment uses raw PPG data from a consumer-grade wearable to detect patterns in your heart rate for the purpose of reporting and interpreting health risks. It is not intended to diagnose any disease. The relevance of each report may vary based on ethnicity and age. Each assessment describes if a person has heart rate patterns associated with a higher risk of developing a disease, but does not describe a person's overall risk of developing the disease. These reports are not intended to tell you anything about your current state of health, or to be used to make medical decisions, including whether or not you should take a medication or how much of a medication you should take.

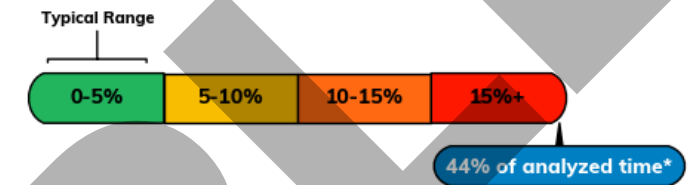
Your patient recently conducted a period of cardiac monitoring utilizing the Scout HR wearable device from 2/8/18 - 2/14/18. **The recorded findings suggest that further evaluation is recommended.**

Total Analyzed Time (while Sedentary or Asleep): 40h 36m

Abnormal Heart Rhythm Episodes

*Time w/ Abnormal Heart Rhythms (% Burden)	17h 49m 14s (44%)
Total Episodes Detected	814
Avg. Episode Duration	1m 19s
Longest Episode Duration	8m 35s
Avg. Episode Heart Rate	76 bpm

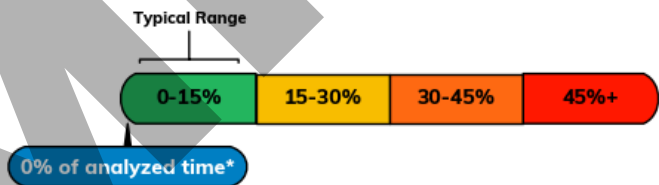
Percent of Time with Abnormal Heart Rhythms



Heart Rates Over 100 bpm While Sedentary or Asleep

*Time With High Heart Rates (% Burden)	-- (0%)
# Of High Heart Rates	0
Fastest Heart Rate	--
Avg. Heart Rate	--

Percent of Time with High Heart Rate



💡 Interpreting these results

This report is not intended to diagnose or treat any disease. A healthcare professional should not rely primarily on Scout HR to make a clinical diagnosis or treatment decision.

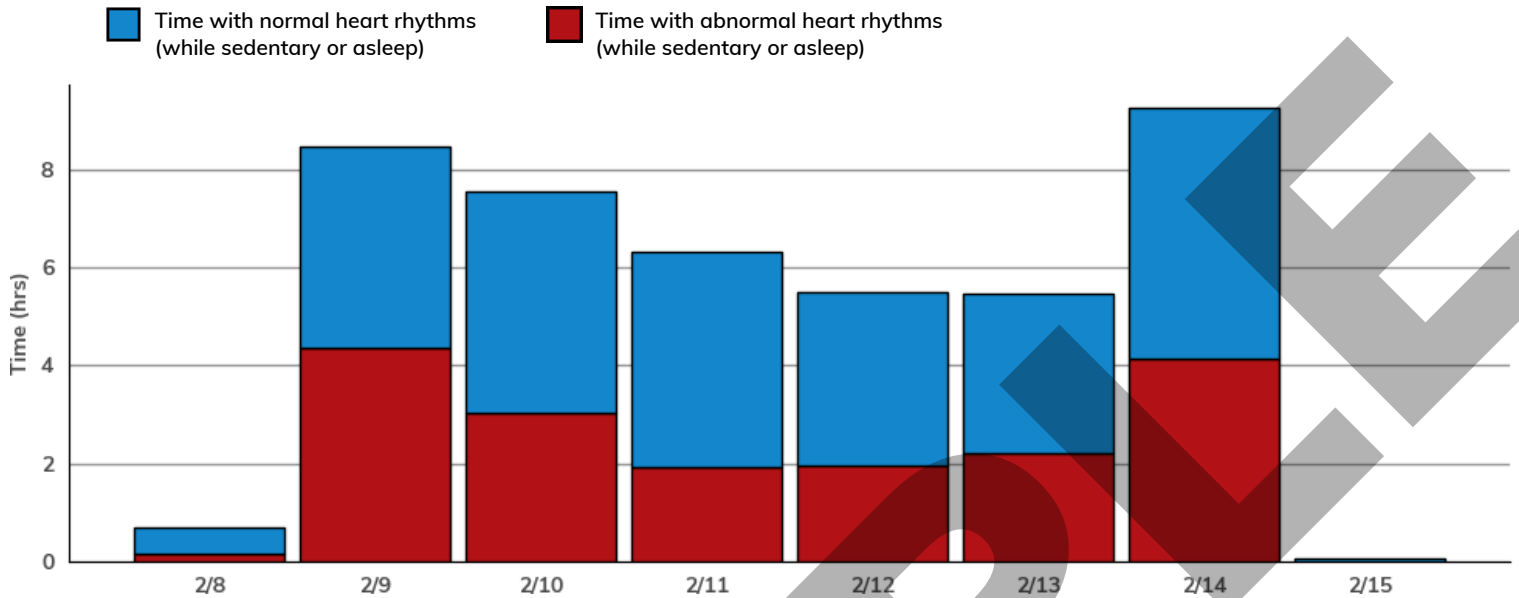
- The data does not factor all beats, only beats while the user was sedentary or asleep.
- Heart-rate ranges and rhythm classifications are based on criteria published by medical experts, such as the American Heart Association.

⚠️ Limitations

- The data is collected using a consumer-grade wearable. It is not intended to diagnose, treat, cure, or prevent any disease.
- Other factors not covered by this screen may impact these results such as consumption of caffeine or alcohol, emotions, fitness level, existing health conditions, stress or anxiety, and medications.

Daily Abnormal Heart Rhythm Breakdown

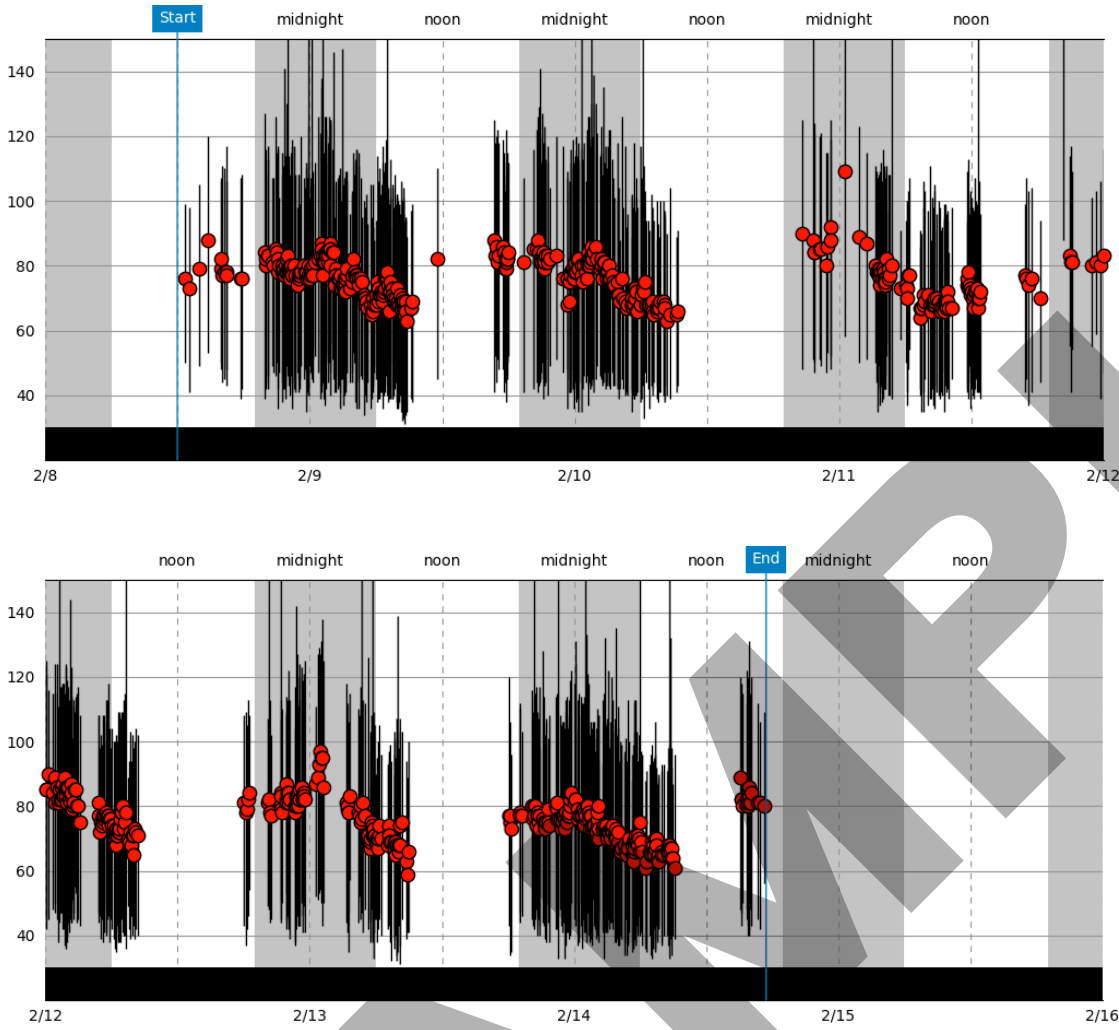
The graph shows how much time was spent with abnormal heart rhythms and how many episodes were found while sedentary or asleep.



Date	# of Episodes	Time with Abnormal Heart Rhythms	Time with Normal Heart Rhythms
Thu, 2/8	10	9m 36s	31m 19s
Fri, 2/9	185	4h 22m 16s	4h 5m 34s
Sat, 2/10	143	3h 2m 10s	4h 30m 24s
Sun, 2/11	93	1h 55m 12s	4h 23m 32s
Mon, 2/12	94	1h 58m 15s	3h 31m 58s
Tue, 2/13	100	2h 12m 3s	3h 15m 1s
Wed, 2/14	188	4h 9m 7s	5h 6m 37s
Thu, 2/15	1	41s	3m 39s

Episodes Over Entire Recording Period

The chart below displays the start time and heart rate range of each episode of abnormal heart rhythms while sedentary or sleep.



Episodes

Each dot marks the start of each episode of abnormal heart rhythms.

- Max
- Avg
- Min
- Day (6am - 7pm)
- Night (7pm - 6am)
- Unanalyzed time due to high motion (yellow)

Recording Period:

2/8/18 at 11:58am to
2/14/18 at 5:26pm
Pacific Standard Time

Total episodes detected:

814

Avg heart rate:

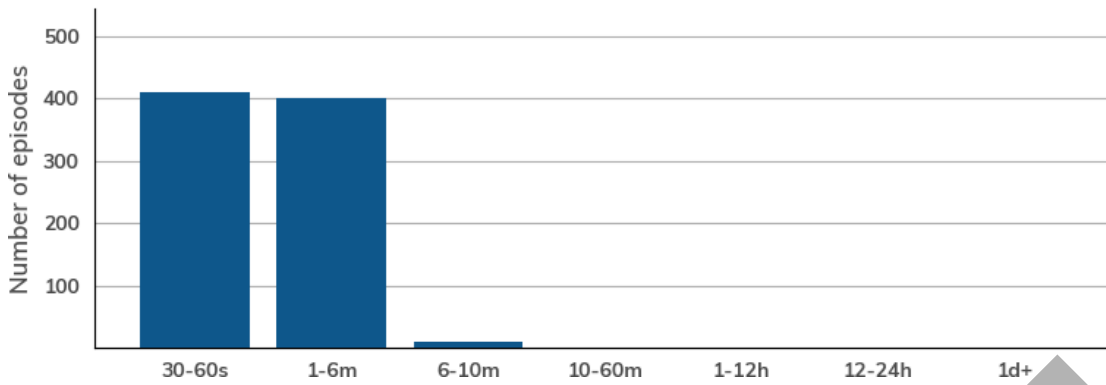
76 bpm

Max heart rate:

283 bpm

🕒 Episode Durations

The histogram below shows the duration of the abnormal heart rhythm episodes detected.



Episodes

Total episodes detected:
814

Longest duration:
8m 35s

Episodes are abnormal heart rhythms that last 30 seconds or more.