

# THE STRING OR PAPER TEST

## WHAT YOU NEED:



Pen or pencil



Ruler



String or piece of paper

## WHAT TO DO:

1. Cut a piece of string or thin strip of paper at least 3 inches long.
2. Wrap it snugly around your ring finger at the base of the knuckle.
3. Using a pen or pencil, mark where the ends overlap.
4. Lay it flat and use a ruler to measure the length in millimeters.
5. Use the chart below to find the corresponding ring size in the top row.

### RING SIZE

**3**

**4**

**5**

**6**

**7**

**8**

**9**

**10**

**11**

**12**

**13**

**14**

47.5

49.0

51.0

53.5

56.0

58.5

61.0

63.5

66.0

68.5

71.0

74.0

MEASUREMENT (MM)