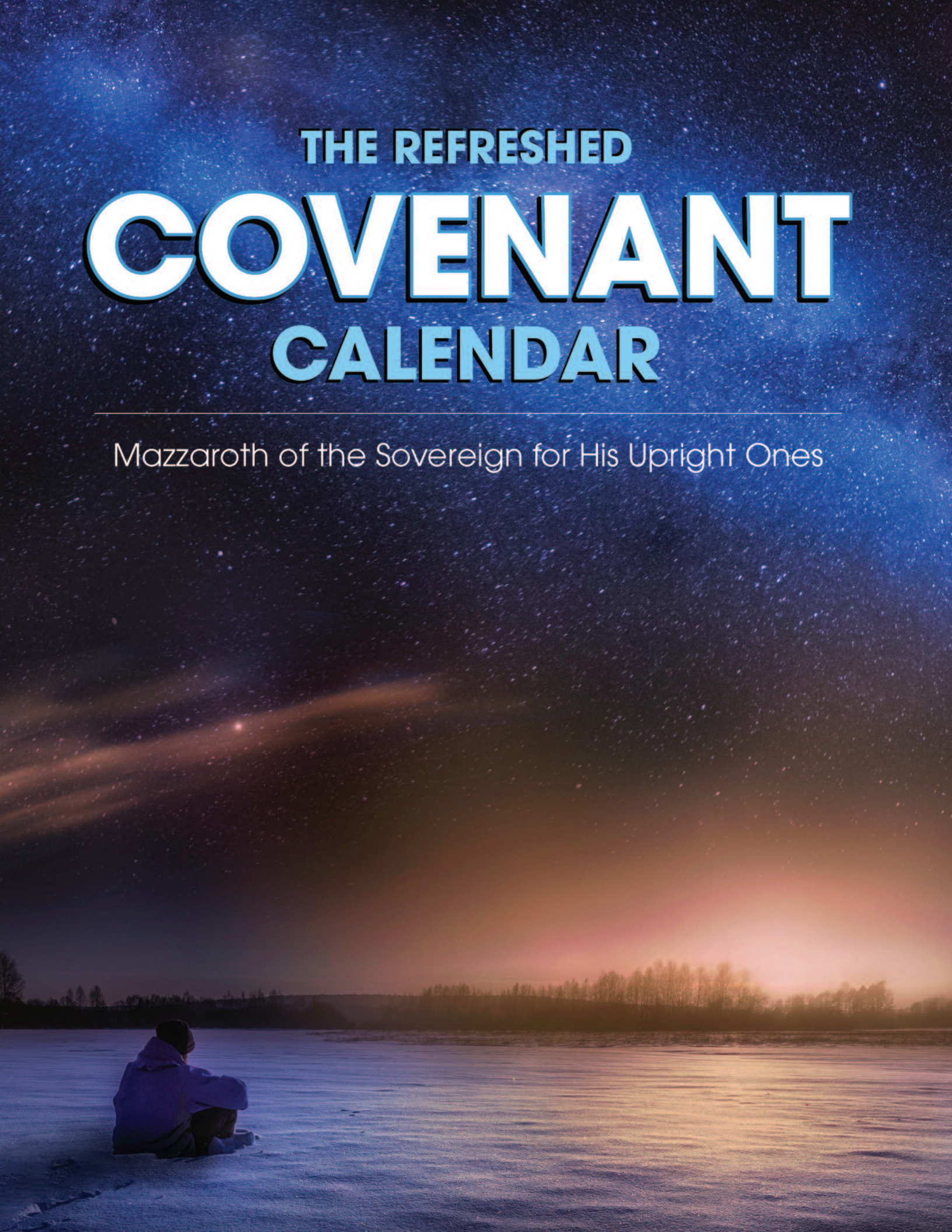


THE REFRESHED
COVENANT
CALENDAR

Mazzaroth of the Sovereign for His Upright Ones



GENESIS 29

Jacob's wives bore and named the **12 TRIBES** fulfilling the promise to Avrahm through the **12 MAZZAROTH (Constellations)**

ENOCH II 19

"These are the archangels who are above angels, measure all life in heaven and on earth, and the angels who are appointed over seasons and years"

LEAH
Jacob's First Wife

ZILPAH
Leah's Maid Servant

BILHAH
Rachel's Maid Servant

RACHEL
Jacob's Second Wife

Naphtali



SPRING - Raphael (White Horse)

Revelation 6:2

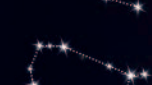
And I saw, and behold a white horse: and he that sat on him had a bow; and a crown was given unto him: and he went forth conquering, and to conquer*.

*Conquer (G3528): "To subdue, overcome, prevail, to get victory" as in Spring overcoming the dead of winter.

Yissachar



Shimeon



Yosef



SUMMER - Uriel (Red Horse)

Revelation 6:4

And there went out another horse that was red*; and power was given to him that sat thereon to take peace from the earth, and that they should kill one another: and there was given unto him a great sword.

*Red (G4450): "Fire-like" representing the heat of the Summer sun.

Yahuda



Asher



Levi



FALL - Michael (Black Horse)

Revelation 6:5-6

And when he had opened the third seal, I heard the third beast say, Come and see. And I beheld, and lo a black horse; and he that sat on him had a pair of balances* in his hand. And I heard a voice in the midst of the four beasts say, A measure of wheat** for a penny, and three measures of barley for a penny; and see thou hurt not the oil and the wine.

*Balances (G2218): "To join, be a yoke, the beam as connecting the scales" representing Libra in the Fall.

**Wheat (G4621): "grain, wheat, corn" representing the first wheat harvest of the year which is in the Fall.

Dan



Gad



Benyamin



WINTER

Gabriel (Pale Horse)

Revelation 6:8

"And I looked, and behold a pale horse: and his name that sat on him was Death, and Hell followed with him. And power was given unto them over the fourth part of the earth, to kill with sword, and with hunger*, and with death, and with the beasts of the earth."


*Hunger (G3042): "Scarcity of food, famine" representing the lack of food in the dead of Winter.

Reuben



Zebulon





EYEH said: "Look now toward Heaven and tell the stars, if thou can relate to them; "Unto you, so shall thy seed be."

1. Day begins at dawn (Genesis 1:3-5).
2. The Four Horses of Revelation rule the season.
3. The Constellations declare the month.
4. Every month has 30 days, with an "Intercalary Day" dividing each season = 364 days in one year.



The moon is calibrated to the change of seasons throughout each year. The moon is consistent with the phase that is present during a four-season cycle. The moon will be in the same phase for each of the four Intercalary Days for that year. This confirms the Shmitah and Jubilee (Joal) years as well.

Psalm 104:19 "He made the moon for seasons, the sun hath known his place of entrance."

Month 1

Constellation: (Aries)

NAPHTALI

Naphtali
 "My Wrestling"
 Hebrew
 נפתלי

Prime Cell Salt:
 Potassium Phosphate

Benefits:
 Said to be good as a brain food,
 and brain imbalances

Sources:
 Parsley, beans, beets, carrots, linseed
 meal, peanuts, milk, buttermilk, cheese,
 and avocados

Uriel	Raphael	Salaphael	Ragiel	Barakel	Michael	Gabriel
Passover Intercalary Day Great Shabbat	1 New Year Start of Spring (Raphael Rules)	2	3	4	5	6
7 Shabbat	8	9	10	11	12	13
14 Shabbat	15 Lechum (Day of Bread)	16	17	18	19	20
21 Shabbat	22	23	24	25	26	27
28 Shabbat	29	30				



Ruled by the
White Horse



Represented
by the Lamb

GENESIS 30:8 And Rachel said "With great wrestlings have I wrestled with my sister and I have prevailed, and she called his name Naphtali.

GENESIS 49:21 "Naphtali is a hind let loose; he giveth goodly words."

Month 2

Constellation: (Taurus)

YISSACHAR

Prime Cell Salt:
Sodium Sulphate

Benefits:
Good in regulating the water supply in the body system, decreasing or increasing it as needed

Sources:
Cauliflower, lettuce, cabbage, turnips, radishes, onions, egg yolks, celery, brussel sprouts, kohlrabi, and milk

Yissachar
"Reward"
Hebrew
יִשָּׂשכָר

Uriel	Raphael	Salaphael	Ragiel	Barakel	Michael	Gabriel
			1	2	3	4
5 Shabbat	6	7	8	9	10	11
12 Shabbat	13	14	15	16	17	18
19 Shabbat	20	21	22	23	24	25
26 Shabbat	27	28	29	30		



Ruled by the
White Horse



Represented
by the Bull

GENESIS 49:14 "Yissachar is a strong ass couching down between two burdens."

GENESIS 49:15 "And he saw that rest was good, and the land that it was pleasant; and bowed down his shoulder to bear, and became a servant unto tribute."

Month 3

Constellation: (Gemini)

SHIMEON

Prime Cell Salt:

Potassium Chloride

Benefits:

Good for forming and distributing fibrin throughout the body, thereby moderating coagulation. When clogging occurs, it is associated with sinus and throat problems as well as fibrous growths

Sources:

Cheese, egg yolks, radishes, lentils, and coconuts

Shimeon

"Hear"

Hebrew

שמעון

Uriel	Raphael	Salaphael	Ragiel	Barakel	Michael	Gabriel
					1	2
3 Shabbat	4	5	6	7	8	9
10 Shabbat	11	12	13	14	15 Shavuot	16
17 Shabbat	18	19	20	21	22	23
24 Shabbat	25	26	27	28	29	30



Ruled by the White Horse



Represented by the Twins

GENESIS 29:33 And she conceived again, and bore a son; and said, "because EYEH hath heard that I was hated, he hath therefore given me this son also; and she called his name Shimeon."

GENESIS 49:5-8 "Shimeon and Levi are brethren; instruments of cruelty are in their kinship. (6) O my soul, come not thou into their secret."

Month 4

Constellation: (Cancer)

YOSEF

Prime Cell Salt:

Calcium Fluoride

Benefits:

Good for muscle and ligament tonicity (thus helping to prevent muscle prolapsis) as well as healthy teeth enamel

Sources:

Turnips, asparagus, beets, kelp, garlic, goat cheese, and pineapple

Yosef

"Added To"

Hebrew

יְהוֹסֵף

Uriel	Raphael	Salaphael	Ragiel	Barakel	Michael	Gabriel
Passover Intercalary Day Great Shabbat	1 Start of Summer (Uriel Rules)	2	3	4	5	6
7 Shabbat	8	9	10	11	12	13
14 Shabbat	15	16	17	18	19	20
21 Shabbat	22	23	24	25	26	27
28 Shabbat	29	30				



Ruled by the Red Horse



Represented by the Crab

GENESIS 30:24 "So she (Rachel) called him Joseph, saying Eyeh has added another son to me."

GENESIS 49:22 "Yosef is a fruitful bough, even a fruitful bough by a well; whose branches run over the wall.

²³ The archers have sorely grieved him, and shot at him, and hated him. ²⁴ But his bow abode in strength, and the arms of his hands were made strong by the hands of the Mighty God of Jacon."

Month 5

Constellation: (Leo)

YAHUDA

Prime Cell Salt:

Magnesium Phosphate

Benefits:

Good for healthy nerve tissue, thus assisting nerve transmission

Sources:

Cauliflower, cabbage, asparagus, limes, lemons, oranges, beechnuts, almonds, and whole wheat

Yahuda
"Praise"
 Hebrew
 יהודה

Uriel	Raphael	Salaphael	Ragiel	Barakel	Michael	Gabriel
			1	2	3	4
5 Shabbat	6	7	8	9	10	11
12 Shabbat	13	14	15	16	17	18
19 Shabbat	20	21	22	23	24	25
26 Shabbat	27	28	29	30		



Ruled by the Red Horse



Represented by the Lion

GENESIS 29:35 And she conceived again, and bare a son; and she said, "now will I praise the Most High, therefore she called his name Yahudah."

GENESIS 49:8 "Judah, thou art he whom thy brethren shall praise; thy hand shall be in the neck of thine enemies; thy father's children shall bow down before thee. Judah is a lion's whelp: from the prey, my son, thou art gone up: he stooped down, he couched as a lion, and as an old lion; who shall rouse him up?"

Month 6

Constellation: (Virgo)

ASHER

Prime Cell Salt:

Potassium Sulphate

Benefits:

Good for circulation of oils through our body, which supposedly assists digestion and kidney function, as well as excretion of toxins through the skin

Sources:

Cauliflower, lettuce, cabbage, onions, celery, brussels sprouts, tomatoes, and cucumbers

Asher

"Upright"

Hebrew

אֲשֵׁר

Uriel	Raphael	Salaphael	Ragiel	Barakel	Michael	Gabriel
					1	2
3 Shabbat	4	5	6	7	8	9
10 Shabbat	11	12	13	14	15	16
17 Shabbat	18	19	20	21	22	23
24 Shabbat	25	26	27	28	29	30



Ruled by the Red Horse



Represented by the Virgin

GENESIS 30:13 And Leah said, "Happy am I, for the daughters will call me blessed: and she called his name Asher."

GENESIS 49:20 "Out of Asher his bread shall be fat, and he shall yield royal dainties."

Month 7

Constellation: (Libra)

LEVI

Prime Cell Salt:

Sodium Phosphate

Benefits:

Good for balancing the acid-alkaline function helping all acid conditions which affect the nervous system

Sources:

Cottage cheese, eggs, buttermilk, brown rice, tomato juice, citrus fruits and juices, whole wheat products, lentils, vegetable greens, and asparagus

Levi
"Attached"

Hebrew



Uriel	Raphael	Salaphael	Ragiel	Barakel	Michael	Gabriel
Passover Intercalary Day Great Shabbat	1 Start of Fall (Michael Rules)	2	3	4	5	6
7 Shabbat	8	9	10	11	12	13
14 Shabbat	15 Festival of Ingathering	16	17	18	19	20
21 Shabbat	22	23	24	25	26	27
28 Shabbat	29	30				



Ruled by the
Black Horse



Represented
by the Scales

GENESIS 49:5 "Simeon and Levi are brethren - Instruments of violence, their kinship. ⁶Into their secret come not, O my soul. Unto their assembly be not united, O mine honour; For in their anger they slew a man, and in their self-will eradicated a prince. ⁷Cursed (is) their anger, for (it is) fierce, and their wrath, for it is sharp; I divide them in Jacob, and I scatter them in Israel."

Month 8

Constellation: (Scorpio)

DAN

Prime Cell Salt:

Calcium Sulphate

Benefits:

Good for building and sustaining epithelial tissue, thus supposedly good for all skin diseases

Sources:

Cauliflower, lettuce, cabbage, turnips, radishes, onions, egg yolks, celery, brussel sprouts, kohlrabi, and milk

Dan
"Judge"

Hebrew

דן

Uriel	Raphael	Salaphael	Ragiel	Barakel	Michael	Gabriel
			1	2	3	4
5 Shabbat	6	7	8	9	10	11
12 Shabbat	13	14	15	16	17	18
19 Shabbat	20	21	22	23	24	25
26 Shabbat	27	28	29	30		



Ruled by the
Black Horse



Represented
by the Serpent

GENESIS 30:6 "And Rachel said, God hath judged me, and hath also hear my voice, and hath given me a son; therefore called she his name Dan."

GENESIS 49:17 "Dan shall be a serpent by the way, an adder in the path, that biteth the horse heels, so that his rider shall fall backward."

Month 9

Constellation: (Sagittarius)

GAD

Prime Cell Salt:

Silica

Benefits:

Good for building and maintaining skin, hair, nails, and nerve coverings

Sources:

Endive, barley, oats, raw cabbage, cucumber skins, shredded wheat, rye, and whole wheat products, spinach, peas, carrots, strawberries, and gooseberries

Gad

"Rider"

Hebrew

גד

Uriel	Raphael	Salaphael	Ragiel	Barakel	Michael	Gabriel
					1	2
3 Shabbat	4	5	6	7	8	9
10 Shabbat	11	12	13	14	15	16
17 Shabbat	18	19	20	21	22	23
24 Shabbat	25	26	27	28	29	30



Ruled by the
Black Horse



Represented
by the Rider

GENESIS 30:10 "...Zilpah, Leah's maid, bare Jacob a son. And Leah said, "A troop cometh and she called his name Gad."

GENESIS 49:17 "Gad, a troop shall overcome him; but he shall overcome at the last."

Month 10

Constellation: (Capricorn)

BENYAMIN

Prime Cell Salt:

Calcium Phosphate

Benefits:

Good as a bone builder and helpful in any bone disease

Sources:

Parsley, beans, beets, carrots, linseed meal, peanuts, milk, cheese, buttermilk, and avocados

Benyamin

"Son of the Right Hand"

Hebrew

בנימין

Uriel	Raphael	Salaphael	Ragiel	Barakel	Michael	Gabriel
Passover Intercalary Day Great Sabbath	1 Start of Winter (Gabriel Rules)	2	3	4	5	6
7 Shabbat	8	9	10	11	12	13
14 Shabbat	15	16	17	18	19	20
21 Shabbat	22	23	24	25	26	27
28 Shabbat	29	30				



Ruled by the
Pale Horse



Represented
by the *Wolf*

GENESIS 35:18 "And it came to pass as her soul was in departing, (for she Rachel died) that she called his name Benoni; but his father called him Benyamin."

GENESIS 49:27 "Benyamin shall ravin as a wolf; in the morning he shall devour the prey, and at night he shall divide the spoil."

Month 11

Constellation: (Aquarius)

REUBEN

Prime Cell Salt:

Sodium Chloride

Benefits:

Good for regulating the water supply throughout the body, affecting eliminating and how "cool" of "hot" we are

Sources:

Swiss chard, goat cheese, onions, celery, tomatoes, almonds, apples, spinach, peaches, pecan, lentils, sauerkraut, and egg yolks,

Reuben

"See, A Son"

Hebrew

ראובן

Uriel	Raphael	Salaphael	Ragiel	Barakel	Michael	Gabriel
			1	2	3	4
5 Shabbat	6	7	8	9	10	11
12 Shabbat	13	14	15	16	17	18
19 Shabbat	20	21	22	23	24	25
26 Shabbat	27	28	29	30		



Ruled by the
Pale Horse



Represented
by the *Water
Bearer*

GENESIS 29:32 And Leah conceived, and bore a son, and she called his name Reuben; for she said, "Surely the Lord has looked upon my affliction; now therefore my husband will love me."

GENESIS 49:3 "Reuben, thou art my firstborn, my might, and the beginning of my strength, the excellency of dignity, and the excellency of power; unstable as water, thou shalt not excel..."

Month 12

Constellation: (Pisces)

ZEBULON



Prime Cell Salt:

Ferrous Phosphate

Benefits:

Food for transporting oxygen throughout the body, aiding circulation, purifying and stimulating of internal organs

Sources:

Raisin, prunes, plums, grapes, oranges, currants, dates, figs, spinach, beets, mushrooms, wheat bran and lima beans

Zebulon

"Exalted"

Hebrew

זבולון

Uriel	Raphael	Salaphael	Ragiel	Barakel	Michael	Gabriel
					1	2
3 Shabbat	4	5	6	7	8	9
10 Shabbat	11	12	13	14	15	16
17 Shabbat	18	19	20	21	22	23
24 Shabbat	25	26	27	28	29	30



Ruled by the
Pale Horse



Represented
by the *Fish*

GENESIS 30:20 And Leah said, "God hath endued me with a good dowry; now will my husband dwell with me, because I have born him six sons; and she call'd his name Zebulon."

GENESIS 49:13 "Zebulon shall dwell at the haven of the sea; and he shall be for an haven of ships; and his border shall be until Zidon."

