

# ZEDRIC'S PROTEINS



1/2 lb. Grilled Chicken

Nutrition Facts	
1 serving per container	
<b>Serving size</b>	<b>(346g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>380</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 200mg	<b>67%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber <1g	<b>3%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 78g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 3mg	15%
Potassium 40mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: 4 Oz Grilled Chicken (Chicken, Pepper, Black)

Zedric's LLC, 9873 IH-10 West, San Antonio, TX 78230

Manufactured In A Facility That Also Processes: Milk, Egg, Wheat, Peanuts, Soy, Sesame, Cod, Salmon, Almond, Pecan, Mahi, Pine Nut



1/2 lb. Korean Beef BBQ

Nutrition Facts	
1 serving per container	
<b>Serving size</b>	<b>(227g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>310</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol</b> 120mg	<b>40%</b>
<b>Sodium</b> 390mg	<b>17%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 9g	
Includes 9g Added Sugars	<b>18%</b>
<b>Protein</b> 46g	
Vitamin D 0.1mcg	0%
Calcium 60mg	4%
Iron 4.1mg	25%
Potassium 750mg	15%

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Ingredients: Korean Beef Sirloin (Sautéed Diced Sirloin Beef (Beef, Top Sirloin, Steak, Separable Lean Only, Trimmed To 1/8" Fat, Select, Raw, Pepper, Black), Korean BBQ Marinade/Sauce (Brown Sugar, Tamari Gluten Free Soy Sauce, Onions, Green, Chopped Garlic, Sesame Oil, Chili Flakes, Sesame Seeds, Pepper, Black))

Contains: Soy, Sesame

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1/2 lb Turkey Chorizo

Nutrition Facts			
2 servings per container			
<b>Serving size</b>	<b>2 (113g)</b>		
<b>Calories</b>	<b>130</b>	<b>260</b>	
	<b>% Daily Value*</b>	<b>% Daily Value*</b>	
<b>Total Fat</b>	4.5g	6%	9g
Saturated Fat	2g	10%	3.5g
Trans Fat	0g		0g
<b>Cholesterol</b>	55mg	18%	115mg
<b>Sodium</b>	60mg	3%	125mg
<b>Total Carb.</b>	<1g	0%	2g
Dietary Fiber	0g	0%	0g
Total Sugars	0g		0g
Incl. Added Sugars	0g	0%	0g
<b>Protein</b>	19g		39g
Vitamin D	0mcg	0%	0mcg
Calcium	30mg	2%	60mg
Iron	1.7mg	10%	3.3mg
Potassium	20mg	0%	30mg

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Ingredients: Turkey Chorizo Recipe (Ground Turkey Raw 95% Lean, Apple Cider Vinegar, McCormick's Ancho Chile Powder, Chopped Garlic, Crushed Red Pepper Flakes, Pepper, Black, Spices, Cumin Seed, Spices, Oregano, Dried)

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Manufactured In A Facility That Also Processes: Milk, Egg, Wheat, Peanuts, Soy, Sesame, Cod, Salmon, Almond, Pecan, Mahi, Pine Nut



1/2 lb. Green Chile Chicken

Nutrition Facts	
1 serving per container	
<b>Serving size</b>	<b>(227g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>200</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 85mg	<b>28%</b>
<b>Sodium</b> 105mg	<b>5%</b>
<b>Total Carbohydrate</b> 7g	<b>3%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
Sugar Alcohol 0g	
<b>Protein</b> 30g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 1.2mg	6%
Potassium 120mg	2%

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Ingredients: Green Chile Shredded Chicken (Shredded Chicken Cooked (Chicken), Green Chile Sauce Raw Cooked (Roasted Hatch Green Chile, Sour Cream (Cultured Cream, Skim Milk, Vitamin A Palmitate), Onion, Lime Juice, Raw, Cilantro Leaves, Raw, Chopped Garlic, Olive Oil, Extra Virgin))

Contains: Milk

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# ZEDRIC'S PROTEINS



## ZedNuggets with Honey Mustard One Size

<b>Nutrition Facts</b>	
1 serving per container	
<b>Serving size</b>	<b>(220g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>580</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 33g	<b>42%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 60mg	<b>20%</b>
<b>Sodium</b> 1490mg	<b>65%</b>
<b>Total Carbohydrate</b> 45g	<b>16%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 18g	
Includes 15g Added Sugars	<b>30%</b>
<b>Protein</b> 26g	
Vitamin D 0mcg	0%
Calcium 90mg	8%
Iron 3.2mg	20%
Potassium 540mg	10%

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Ingredients: ZedNuggets (Chicken, Nuggets, White Meat, Precooked, Frozen, Not Reheated), Honey Mustard Glaze (Mustard (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice), Honey, Olive Oil, Extra Virgin, Apple Cider Vinegar, Chopped Garlic)

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Manufactured In A Facility That Also Processes: Milk, Egg, Wheat, Peanuts, Soy, Sesame, Cod, Salmon, Almond, Pecan, Mahi, Pine Nut