



MecobalActive®

in cognitive and physical performance



### **WE ARE HTBA**

## A 45+ years heritage pioneering the development of flavonoids and vitamin B12 active forms

**Pharmaceuticals** 

**Functional Health** 

**Taste Modulation** 

**Animal Nutrition** 



## Meeting the needs of today's 'health proactive' consumer





#### Focus on Health and Wellbeing

The global cost of healthcare is creating a more proactive approach both to health and wellbeing. The integration of tech is shaping how the markets develop.



#### Savvy and Self-Sufficient

Digitally empowered consumers are increasingly willing and able to self-serve and self-support on aspects such as health, finance, fitness and cooking at home.



#### Positive Best

With feeling well the key driver for pursuing a healthier lifestyle, consumers are adopting strategies to help them look and feel their mental and emotional best.

## 1 in 3

consumers globally have taken more action to be more **self-sufficient** over the past 12 months in areas such as health and finance

61%

of consumers globally say they are somewhat/very self sufficient when it comes to health

Feeling mentally and emotionally well is also the #1 health goal for consumers, followed by vitality and energy

## The narrative around B12 is evolving...



It's essential for everyone.

It plays a proactive role in supporting brain function, energy levels and overall mental clarity.

### **MecobalActive®**



A new dimension in cognitive and physical performance

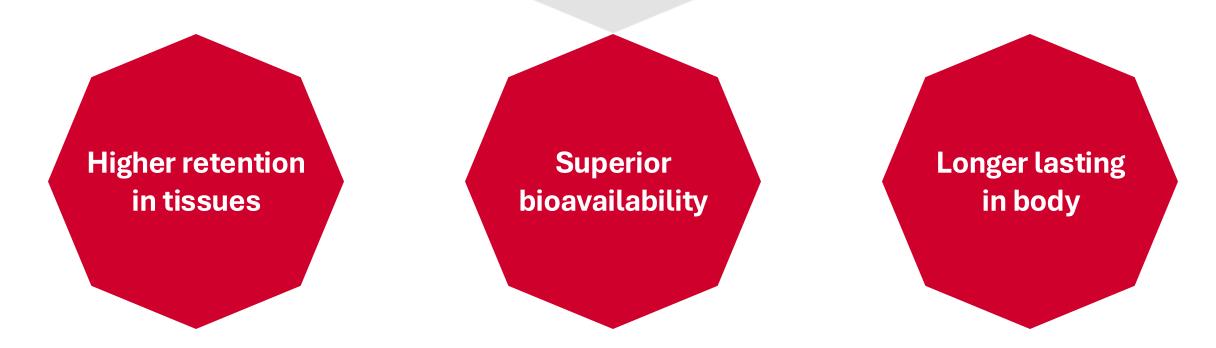
\*EFSA health claims Directive 2002/46/EC

Approved, along with other EFSA Health Claims in EU \* and also being used as products claims by brands in the US.

## MecobalActive® is **bioidentical and ready to work**



MecobalActive® is HTBA's propietary form of **methylcobalamin** that's **bioidentical** and **active**, unlike other B12 forms.



HTBA is the only company in the EU producing all B12 active forms in Europe.

## Powered by green chemistry



Thanks to our patented green manufacturing processes, MecobalActive® is precisely engineered to get to work quickly and effectively in the body.

#### Fewer impurities

Improved safety profile

#### Pure methylcobalamin

Higher purity and efficacy

## 50% less water than other vitamin B12 ingredients

Higher concentration and efficacy with the same dosage

#### **Small particle size**

Increased absorption and bioavailability

#### Longer shelf life

5 years — up to 2.5 x longer than other available options



# Introducing NEW scientific data

for MecobalActive®

## Continuing to demonstrate the value of MecobalActive®

Acute supplementation with MecobalActive® significantly improves cognitive and physical performance in healthy individuals without vitamin B12 deficiency compared to a placebo.



## Study protocol

**Participants:** Healthy male amateur cyclists, aged 18-45 years, no health conditions\* or prior supplementation

**Design:** Triple-blind, randomized, crossover

**Study arms:** 1 mg MecobalActive® vs. placebo

Sample size: 18

**Timeframe:** Three-day acute load phase

#### **Evaluation parameters:**

- Physical power and fatigue\*\*
- Cognitive performance\*\*\*
- Pre- and post- effort blood parameters

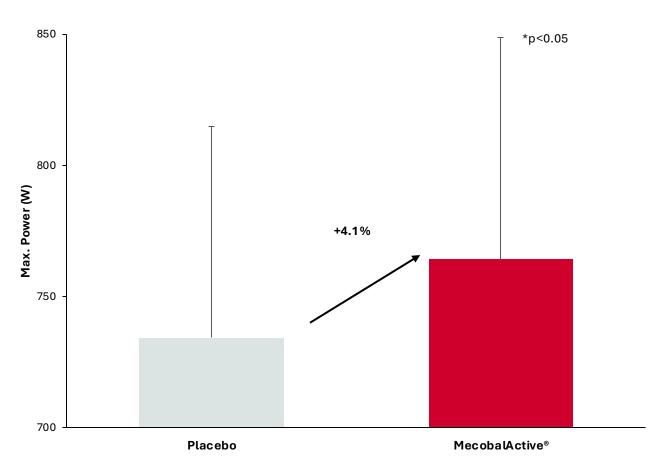
Study location: Spain



<sup>\*\*</sup>Wingate Anaerobic Test



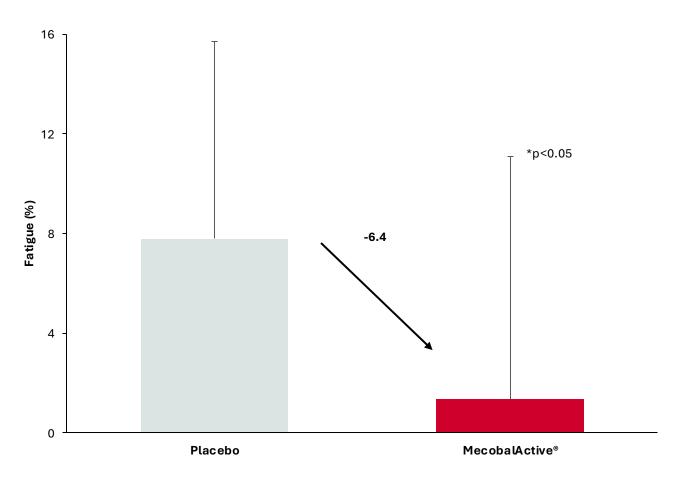
## MecobalActive® boosts muscle power



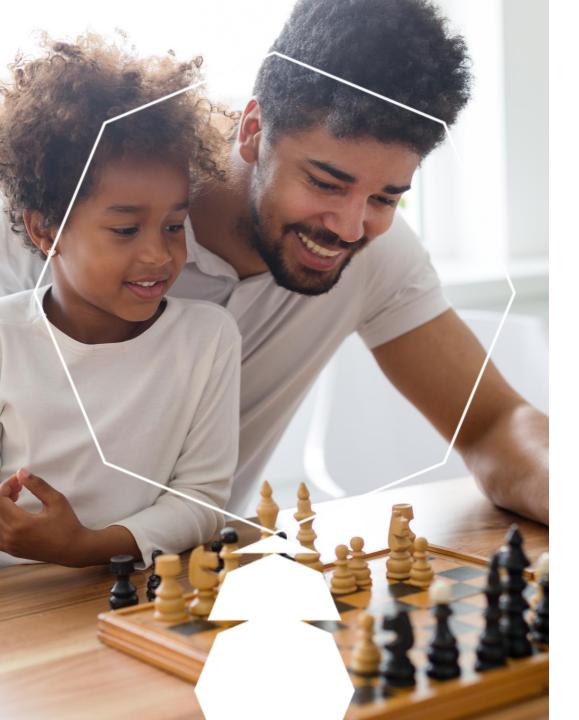
Maximum power found after **5 physical sprints** 



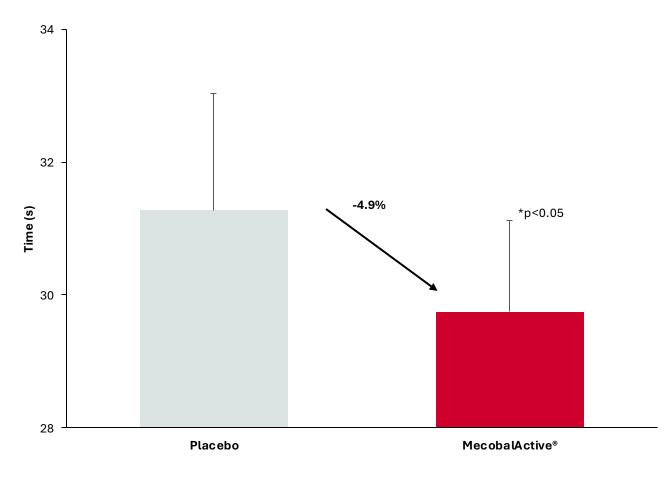
## MecobalActive® reduces fatigue



Differences found in fatigue after physical tests



## MecobalActive® improves cognitive performance



Reduction in total response times

## Intake during 3 consecutive days of MecobalActive®



Improved power during a Wingate test versus placebo

Reduced fatigue during a Wingate test versus placebo Improved total time to solve mental agility test in resting conditions versus placebo







## The key takeaway?

MecobalActive® delivers cognitive and physical performance benefits-even for healthy, active individuals.



## Nature-led, health focused

Since our inception, nature has been our inspiration for improving human and animal wellbeing. We harness the power of nature to craft essential ingredients that positively impact health and well-being.

## Creative partnerships

Enhance your product development and business growth through tailored solutions and collaborative technical and regulatory support.

## Consumer-driven innovation

With a finger on the pulse, we stay attuned to consumer trends, ensuring the end user remains at the forefront of all that we do. Creating targeted solutions, we work with our partners to address evolving market needs.





## Teresa Pellicer

Biotechnology Manager HTBA

tpellicer@htba.com

Teresa Pellicer, PhD

17 htba.com



## Curious about MecobalActive® or our other active vitamin B12 ingredients?

Meet the HTBA team at **Booth 3M61** 

Visit www.htba.com



## Thank you!