

# JYUU *Athletic Wedding Rings*

## Sizing Guide

Please use this guide to accurately size your new JYUU Athletic Wedding Ring. If you're in between sizes we recommend picking the size up. It's important to us that your new ring is perfect, so if it doesn't fit 100% we'll happily exchange it for FREE!

If you need more help sizing your ring or have any questions feel free to contact us at [team@jyuu.life](mailto:team@jyuu.life) or send us a Facebook message via [facebook.com/jyүүлife](https://www.facebook.com/jyүүлife)

## Conversion Chart

If you know the size of your ring finger, use this chart to convert the Australian alphabetical size to the JYUU numerical (US) size

### Men's Rings

JYUU Numerical	AUS Alphabetical	Inside Circumference
8	P 1/2	56.9 mm
9	R 1/2	59.5 mm
10	T 1/2	62.1 mm
11	V 1/2	64.6 mm
12	X 1/2	67.2 mm
13	Z 1/2	69.7 mm
14	Z 3	72.3 mm

### Women's Rings

JYUU Numerical	AUS Alphabetical	Inside Circumference
4	H	46.7 mm
5	J 1/2	49.3 mm
6	L 1/2	51.8 mm
7	N 1/2	54.4 mm
8	P 1/2	56.9 mm
9	R 1/2	59.5 mm

## String Measurement Technique

This is one of the quickest and easiest ways to measure your finger. All you need is a piece of string and a ruler

1. Cut a small piece of string
2. Wrap the string comfortably around your finger (make sure it's not too tight)
3. Lay the string down flat over the ruler and make a note of the length
4. Match the string length to the circumference in the conversion chart

## Ring Measurement Technique

Print out this guide and then use an existing fitting ring you own to place over the circles until you find a perfect match

This is also the best way to secretly find out your partner's ring size without them knowing!

To double check for accuracy, measure the diameter of your ring with a ruler and compare it to the diameter specified in the circle



For greatest accuracy print this PDF at 100% and then test scale by measuring this 10 mm line: 