



100% free of
gluten, dairy,
corn, soy,
peanuts, refined
sugar & seed oils

★ NEW!
★ house favorites
V vegan
V vegetarian (eggs ok)

SMALL PLATES

Avocado Mash 7 V AIP

avocado, lime, & salt, served with taro root chips

★ Plantains 5 V AIP*

naturally sweet plantains, served with chipotle aioli

* ask for no chipotle aioli

★ Crispy Brussels Sprouts 8 V AIP*

fried in sustainable palm oil, served with chipotle aioli

* ask for no chipotle aioli

SALADS

★ Mediterranean Salad 11 V AIP*

spinach, romaine, kalamata olives, radish, cucumber, sweet potato, tomato vinaigrette, pepitas, pickled onion, tahini dill dressing

add chicken +5 | steak +7 | salmon +9

* ask to substitute olive oil & vinegar dressing, as tomato vinaigrette and tahini dill dressing both contain sesame seeds

SIGNATURE BOWLS

Rice substitutions: cauliflower rice +2

Beans can be excluded upon request

General Tso's Chicken 14 AIP*

Mary's free-range organic chicken in cassava flour breading, coconut amino hoisin sauce, broccoli, green onion, sesame seeds, jasmine rice

* ask for no sesame seeds

MIX & MATCH BOWL

Served with chimichurri sauce on the side.

1. Choose a Protein | (Bowl Price) AIP

Chicken, Mary's Free-Range Organic | 13

★ Steak, 100% Grass-Fed | 15

Salmon, Wild-Caught Alaskan | 17

No Protein, Three Sides | 12 V

2. Choose Any Two Sides

SIDES 4 each V AIP

Order a la carte or as part of a Mix & Match Bowl

Garlicky Greens ★

Sweet Potatoes

Plantains

Broccoli

Crispy Brussels

Half Avocado ★

Cauliflower "Rice"

DESSERTS

★ Chocolate Chia Pudding 5 V

made with coconut cashew milk & monk fruit

* contains cashews, coconut, and chia seeds

Ice Cream from Vixen Kitchen 6 V

dairy-free gelato made with cashews & maple syrup

* contains nuts (cashew)

Dark Chocolate Brownie 4 V

made with almond flour & coconut sugar

* contains nuts (almond) & chocolate

@kitavakitchen
kitava.com for delivery &
nutrition

2011 Mission Street
(415) 780-1661
Open Mon-Sun 11am-9pm

5% surcharge added for SF
Health Mandate



even drinks can
be nourishing.

low/no sugar,
100% gluten-free,
locally sourced

★ house favorites
V vegan
V vegetarian (eggs ok)

SIPPING BROTH

Chicken Bone Broth 5

pasture-raised chicken bones simmered for 24 hours with herbs & sea salt

★ Immunity Broth 6

chicken bone broth + turmeric & ginger root

Beef Bone Broth 6

100% grass-fed beef bones simmered for 48 hours with ginger, cardamom, and star anise

HOT COFFEE & TEA

coconut milk & sugar available upon request

Regular or Decaf Coffee 3.50 V

from Andytown Coffee Roasters

Butter Coffee 5 V

black coffee blended with grass-fed butter

Organic Tea 2.75 V

mint melange
ginger twist
earl grey
chamomile citrus
emerald matcha

Chilled Green Tea 7 V

16 oz bottle, from Teas' Tea

COLD-PRESSED JUICE V

from Happy Moose Juice

Chard Knock Life 7

rainbow chard, baby spinach, tangerine, pear, lime, fresh ginger

Golden State Blood Orange 7

blood orange & honey tangerine

Tropical Roots 7

pineapple, carrot, ginger, turmeric, lemon

Feel Mo' Betta Elixir Shot 4.50

ginger, lemon, pineapple, apple cider vinegar, cayenne

★ KOMBUCHA V

from Marin Kombucha, available on tap or bottled

Rotating Flavors 5

small batch kombucha made locally

MORE DRINKS V

Sunwink Herbal Tonic

detox ginger 5
immunity berry 5

Sparkling Mineral Water

12 oz bottle 3
22 oz bottle 4.50

★ WINE BY THE GLASS V

naturally fermented, low sulfite, zero sugar (<1g/L)

Rosé 9

Farmstrong Field Rosé 2017
Redwood Valley, CA *light, crispy, subtly sweet* 11.9%

White 11

Farmstrong Field White 2018
Suisun Valley, CA *bright, dry, refreshing* 13.1%

Red 13

Farmstrong Field Red 2015
Northern CA *medium-body, dry, satisfying* 13.8%

BEER V

IPA No. 5 9

Ground Breaker Brewing | Portland, OR
16 oz | *100% gluten-free* 6%

Pale Ale 6

Omission | Portland, OR
12 oz | *gluten-removed, <20 ppm per batch* 5.8%

HARD CIDER & HARD KOMBUCHA V

low/no sugar & naturally fermented

Golden State Cider 9

Multiple Flavors | 16 oz | Healdsburg, CA

Sunlit Sour Cider 8

101 Cider House | Los Angeles, CA
12 oz | *0 sugar, naturally sour from live probiotics* 6.9%

Boochcraft Hard Kombucha 7

Multiple Flavors | 12 oz | Chula Vista, CA

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