

To determine the proper strength for your reading glasses, follow the steps below.

Unlike Prescription lenses, reading glass lenses are available in set levels of magnification, or “plus powers”.

You may find the “Eye Chart” helpful to determine the appropriate plus power lens to assist with near vision enhancement. This should be used as general guideline only or visit your Optometrist for professional consultation to determine your vision requirements.

1. Print this page at 100% size without scaling (i.e. “fit”) to printer margins.
2. Hold the page approximately 12-14 inches away from your face.
3. Start reading the chart below from top to bottom. If you are unable to read the top line clearly, move to the next line down.
4. Repeat this process until you are able read a full line clearly.
5. When you can clearly read a line, match the plus power value listed for that line e.g. if you can read the third line down you will benefit from +2.00 powered lenses for your reading glasses.

## EYE CHART

**+1.00** If you can read this, +1.00 is the proper strength for you.

**+1.50** If you can read this, +1.50 is the proper strength for you.

**+2.00** If you can read this, +2.00 is the proper strength for you.

**+2.50** If you can read this, +2.50 is the proper strength for you.

**+3.00** If you can read this, +3.00 is the proper strength for you.

**+3.50** If you can read this, +3.50 is the proper strength for you.

