

**April 1<sup>st</sup>** : The 'Brookings County Mental Health Resource Guide' is a comprehensive listing of all Brookings County behavioral health services providers and programs. To find a local area provider or program, you may access the guide at [www.helplinecenter.org/brookings/](http://www.helplinecenter.org/brookings/) or by dialing 211, texting your zipcode to 898211 or emailing [help@helplinecenter.org](mailto:help@helplinecenter.org)

**April 2<sup>nd</sup>**: FREE "Help Me Manage My Feelings" Parenting Class provided by the Family Resource Network, Brookings Public Library. Pre-Register by calling (605)-688-5730. More information can be found here: [https://www.sdstate.edu/sites/default/files/2018-02/brookings\\_flyer\\_3.18.pdf](https://www.sdstate.edu/sites/default/files/2018-02/brookings_flyer_3.18.pdf)

**April 3<sup>rd</sup>**: FREE Open House; Toy & Resource Lending Library –Family Resource Network. 2-6pm; SDSU – Pugsley Center Room 202, 1057 8th St. A variety of items, such as puzzles, games, blocks, children's books and more can be borrowed to assist children in their play. Membership is open to parents, grandparents, and child care professionals. It is located at Family Resource Network at South Dakota State University in Pugsley Center Room 201. Contact Family Resource Network at 605-688-5730 or email us at [sdsu.frn@sdstate.edu](mailto:sdsu.frn@sdstate.edu) to find out more and to arrange a visit.

**April 4<sup>th</sup>**: FREE Jeff West Photography Exhibition – Brookings Art Council – 4:30pm. For more information you can call the Brookings Art Council at 692-4177. 524 4th Street, Brookings.

**April 5<sup>th</sup>**: FREE Speaker: Mind, Body, Spiritual Stress-Buster: Would YOU like one? 7:00 PM - 9:00 PM CDT; Student Union Volstorff Ballroom, SDSU Campus

Family Story Time @ Children's Museum of SD:

Thursday, April 5th @ 3:00

Thursday, April 12th @ 3:00

Thursday, April 19th @ 3:00

Thursday, April 26th @ 3:00

Description: We'll be reading stories and doing activities surrounding topics such as kindness, empathy, gratitude, feelings, creativity, emotional awareness, mindfulness, diversity, and compassion. All books featured during story time will be available in Play Central Toys and Books with a special %10 discount during the month of April. Program is free with paid museum admission (\$7.50 / person for regular admission or \$1.00 / person for our access admission)

**April 6<sup>th</sup>**: COLOR RUN at SDSU on Friday, April 6 at 6 pm. Cost is \$3 and will be donated to the Domestic Abuse Shelter.

Sensory Friendly Play 5-8pm: Join the Brookings Children's Museum for a low-sensory playtime that offers a calm, less crowded opportunity for exploration in our Museum's exhibits. We invite all families with children experiencing disabilities to this private playtime. This event includes the following adaptations: Less crowded environment (limit of 100 guests), designated quiet rooms, Adaptive equipment, Adaptive art tools, Service animals welcome. RSVP to 605-692-6700

**April 7<sup>th</sup>**: FREE Mini & Me class for ages 4-10 yrs and their caregiver; 11-noon at Madison Avenue Dance Studio, 165A Airport Ave.

**April 8<sup>th</sup>:** Sign up for a one-on-one, community based youth mentor through The Brookings County Youth Mentoring Program <http://bcymentoring.org>

**April 9<sup>th</sup>:** \$1 of every meal purchased at Cubbies after 5pm will be donated to The Brookings County Child Protection Team!

FREE Brookings Empowerment Project Meeting - MetaBank at 6 PM. The Brookings Empowerment Project strives to empower caregivers and individuals with persistent mental illness by providing them with resources and support. 600 Main Avenue. For more information you can contact BEP at [bep.57006@gmail.com](mailto:bep.57006@gmail.com), website: <http://empowerbrookings.org/>

**April 10<sup>th</sup>:**

Art Journaling: Express Your Inner Emotions; for ages 11-16 4:30-6:30pm; Brookings Teen Center 5411, 1901 12th St S, 692-3333

Love Yourself as a Parent Fishback Preschool located on SDSU campus 6:30-7:30 – FREE childcare

**April 11<sup>th</sup>:**

Anime Club, FREE, Brookings Public Library, 7th through 12th graders. Come, watch Anime and discuss! No registration needed! This club meets weekly throughout the entire month of April.

"Conversation about the Complexities of Recovering from Identity Theft." 5pm FREE, SDSU Campus Wagner Hall 127

**April 12<sup>th</sup>:** FREE Painting Group, Brookings Art Council, 1-3pm. EVERY Thursday, The BAC hosts a FREE Painting Group. For those that love to paint, this group is for you. Join others to work on individual projects and collaborating on art talk and ideas. No pre-registration needed. For more information you can call the Brookings Art Council at 692-4177. 524 4<sup>th</sup> Street, Brookings.

**April 13<sup>th</sup>:** FREE coloring contest, Sanford Medical Clinic. Stop in to get your coloring sheet and learn about more details!

FREE tour the Boys and Girls Club and Teen Center from 4-6pm

FREE Bring a Friend to the Boys and Girls Club Day, where admission to the Club will be free to all 1st-12th grade students

**April 14<sup>th</sup>:** Annual SDSU Flying Jacks airport breakfast. Time: 8:00am until noon. Free-will donation (pancakes, sausage, eggs, water, juice, coffee).

HillFest! The 31<sup>st</sup> annual Hillcrest School Carnival will be held at Hillcrest Elementary from 10am-2pm. Tickets can be purchased ahead of time for a discounted amount of 20 cents by calling 696-4600, otherwise tickets are 25 cents a piece day of the carnival. Games, prizes, raffles, food and much more is a part of this fun event!

**April 15<sup>th</sup>**: FREE Brookings Diversity Potluck and Food Drive – 5pm – McCrory Gardens Education and Visitor Center 631 22nd Ave. ALL are welcome to this FREE event! Please bring a dish that is culturally important to you, or something you just really like to share. Please bring a nonperishable donation for the local food pantry.

**April 16<sup>th</sup>**: FREE family game night 6:30-8:15 at McCrory Gardens. Hosted by Interlakes Chapter.

**April 17<sup>th</sup>**: FREE ACES community talk with Dr. Staci Born and a trainer from Children’s Home Society 6-7:45pm on SDSUs campus in Rotunda E.

**April 18<sup>th</sup>**: Dakota Nature Park can be accessed for FREE and is open year round to use for activities such as fishing, canoeing/kayaking, bird-watching, hiking, biking and picnics, as well as snowshoeing and cross-country skiing. It is open from 6am-11pm any day of the week. 22nd Avenue South & 32nd Street South are access areas for the park.

**April 19<sup>th</sup>**: Job Search Assistance Program class, Department Of Labor, 1310 Main Ave S

FREE United Way Chamber mixer from 5-7 at the United Way office located at 619 5th Ave. Come learn about United Way funded programs in the Brookings County area.

FREE tour of “The Clubhouse” 5-7 pm, attached to the North end of the Boys and Girls Club – Yellow Doors

**April 20<sup>th</sup>**: In need of food? Feeding Brookings is open to all in need in Brookings County. Learn more by calling 605-692-6565. BATA does provide free rides to and from Feeding Brookings; all families will need to fill out an income form. <http://www.feedingbrookings.org/>

**April 21<sup>st</sup>**:

Step Forward to Prevent Suicide event- In partnership with the SDSU campus organization: Lost & Found. This event is held on the campus of SDSU but is open to all. We invite the community to be part of this important event. There is live music! Here are the event details:

8:30 registration – Student Union Center on the campus of SDSU Brookings SD

9:00 event(s) start for the 1.5 mile walk and the 5K run events. 5K run is not timed but encourage runners to feel free to self-time their run

10:30 Remembrance Ceremony

The event is free. No registration fee but every participant needs to register to sign the waiver. If the participant is under 18 they need to have a parent and/or guardian sign the waiver for them to participate.

The event T-shirts are on sale for \$15.00 each prior to the event (by contacting me directly: Janet Harvey/ Events Coordinator at the Helpline Center – Email: [events@helplinecenter.org](mailto:events@helplinecenter.org) or office phone: 605-274-1418), at the event – day of the event and also after the event contact Janet to see about sizes available.

Family fun at the SDSU Wellness Center: Family yoga: 11am, Family climbing at the rock wall: 2-6pm  
Free for members and nonmembers

**April 22<sup>nd</sup>**: FREE, 2:00 p.m. Puppet Fred – McCrory Gardens

**April 23<sup>rd</sup>**: The Brookings Children’s Museum has an ‘Access Initiative.’ Families receiving some form of public income-related assistance (such as Children's Health Insurance Plan - CHIP, Medicaid, free/reduced school lunch, Head Start, SNAP and/or WIC, low-income energy assistance, or Temporary Assistance for Needy Families - TANF) are eligible for \$1 admission. The Children’s Museum Access Family Membership is a \$15 yearlong membership for. An application can be printed here: [http://prairieplay.org/uploads/other/accessfamily\\_membership\\_formWEB.pdf](http://prairieplay.org/uploads/other/accessfamily_membership_formWEB.pdf)

Email [access@prairieplay.org](mailto:access@prairieplay.org) to apply today!

**April 24<sup>th</sup>**: Brookings Public Library – Adult Craft Night - FREE 6:30pm to 8:30pm; Registration REQUIRED by calling 605-692-9407

**April 25<sup>th</sup>**: The Dolly Parton Imagination Library provides one book each month to children (ages 0-5) living in Brookings County FOR FREE. Families can sign up at <https://imaginationlibrary.com/> or contact United Way at [uw@brookingsunitedway.org](mailto:uw@brookingsunitedway.org)

**April 26<sup>th</sup>**: Family Story Time @ Children’s Museum – 3pm FREE with paid day admission or membership.

**April 27<sup>th</sup>**: Youth Mental Health First Aid training, FREE, 8-5 pm @ Boys and Girls Club, RSVP to Dodi Haug at 884-3516

**April 28<sup>th</sup>**: FREE Family Yoga, 10 am at First Lutherans Activity Center, 337 8th St, Brookings. Free Will Donations go to the Brookings Domestic Violence Shelter

**FREE Toddler & Caregiver music group**, 2pm, Music Therapy Empowers Watson Clinic Building 510 Main Ave (Across from Cottonwood).

**April 29<sup>th</sup>**: FREE Restorative Yoga and Mindfulness Class, Prairie Soul Yoga, 1:30pm

**April 30<sup>th</sup>**: FREE teen music therapy group, 6pm; Music Therapy Empowers, Watson Clinic Building (Downstairs in conference room) 510 Main Ave (Across from Cottonwood)

7 pm at Mission Coffeehouse, First Lutheran Church, FREE “Men’s Panel Discussion on Sexual Assault”