

Beauty Intelligence STYLIST SELECTS THE NEWS, FORMULAS AND TRENDS TO BOOST YOUR BEAUTY IQ

1. INTO THE BLUE

The s/s 2016 catwalks showcased a sea of blue hues with a plethora of designers, from DVF to Chanel, opting for bold blue eye looks. Far from its Eighties associations, the modern blue eye is grown-up and wearable. Luckily, Nars has got your back when it comes to mastering the look. Their collection boasts two new Dual-Intensity Eye Shadow shades (£21) – one iridescent azure and one shimmering teal. Mermaid eyes will be yours.



4. BLEMISHES BE GONE

Hand-crafted according to ayurvedic traditions from entirely organic ingredients farmed in India. UMA Oils pride themselves on their gentle yet high-impact formulas. Our favourite is the blemish banishing Deeply Clarifying Face Oil (£98), a unique blend of rebalancing oils created for the founder of UMA's great aunt when she was a young bride-to-be suffering from pre-wedding anxiety and seriously stressed-out skin. Antimicrobial clove combats infection, tea tree curtails excess oil production, while the omega-rich grapeseed oil base reduces inflammation.

JO MALONE'S ENGLISH-GARDEN

2. EVERLASTING LIPS

Combining the weightless feel of a gloss with the full-coverage, pigmentrich colour of a lipstick, Jouer's Lip Crème (£14) deserves its cult status. Now available in four new summer-appropriate shades, *Stylist* is torn between the vibrant watermelon and warm coral. Best of all, it's phenomenally long-wearing – Aperol-proof and everything.

3. BEAUTY FROM WITHIN

According to research, we've gone bonkers for superfoods. Since 2011, food and beverage launches containing these wonder ingredients have risen by 202% worldwide. Equi London's Beautiful supplement (£62 for 30 days) is a high-quality blend of natural antioxidants, probiotics and omegas, all chosen for their skin-loving properties. Mix the pomegranate-flavoured powder with water or add to a smoothie – much more palatable than a bland green juice.



Treat yourself to Jo Malone's delicious new Peony & Moss Candle (£44), and give back in the process – 75% of sales go to the brand's charity gardens initiative which cultivates therapeutic outdoor spaces across the UK for people with mental health problems (including the brand new St Mungo's Garden, London). The notes of floral and earthy moss evoke the classic English garden.

My Secret Weapon

Jenni Draper, manicurist and OPI nail expert, on her skincare essential



"I travel a lot for work and due to my hectic schedule, my skincare regime is based around products that are both quick and easy, and that's why I love the Clarisonic Mia (£125). It takes just a minute to use and I can do it in the shower. Afterwards my skin feels properly clean and super smooth – it's like a mini facial each time. It's perfect for on-the-go because it's lightweight and the battery lasts forever. I wouldn't go anywhere without it."

