

## 14. Responsibility ThinkSheet



1.

**Responsibility** means \_\_\_\_\_

---

---

2.

Circle AGREE or DISAGREE for each statement.

- AGREE DISAGREE I am not responsible to anyone for anything.
- AGREE DISAGREE I am responsible for my thoughts, words, and actions.
- AGREE DISAGREE It is always someone else's fault.
- AGREE DISAGREE I am responsible for others' thoughts, words, and actions.
- AGREE DISAGREE I am responsible to keep my word.
- AGREE DISAGREE I am not responsible for my own successes or failures.
- AGREE DISAGREE I am responsible for myself.

3.

I think having and taking **responsibility** is an important life skill.

- TRUE
- FALSE

4.

Having **responsibility** \_\_\_\_\_. (Choose the best answer.)

- a. gives others confidence that I can be trusted.
- b. teaches me to be independent.
- c. helps keep my priorities in the right order.
- d. strengthens my relationship with others.
- e. all of the above

5.

List 2 to 3 actions you will put into practice in order to grow in **responsibility**.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_



**6. Responsible** people (You can circle more than 1 answer.)

- do not make excuses.
- always complain.
- are trustworthy.
- have self-control.
- follow through with plans.
- blame others.
- admit their mistakes.
- tend to be more successful.



**7.** How does a lack of **responsibility** affect others as well as me? (You can circle more than 1 answer.)

- People lose trust in me.
- I am seen as a good leader
- I lose confidence in myself, abilities, and talents
- Others or I can be hurt
- Group or individual goals cannot be achieved
- Others or I can be hurt
- Shows me to be thoughtful and caring
- Blaming others makes me look better than someone else



**8.** When I fail to be **responsible**, others can feel \_\_\_\_\_. (You can circle more than 1 answer.)

- |                                    |                                  |                                 |
|------------------------------------|----------------------------------|---------------------------------|
| <input type="radio"/> disappointed | <input type="radio"/> betrayed   | <input type="radio"/> trusting  |
| <input type="radio"/> successful   | <input type="radio"/> important  | <input type="radio"/> respected |
| <input type="radio"/> valued       | <input type="radio"/> frustrated | <input type="radio"/> broken    |



**9.** Give 1 reason why you do not like to take **responsibility**.

---



---



**10.** On a scale of 1 to 5, how **responsible** are you? (1 - rarely responsible; 5 - consistently responsible)

1                      2                      3                      4                      5

I rated myself this way because \_\_\_\_\_

---



---

