

# 1. Respect ThinkSheet



1.

TRUE FALSE **Respect** is important.

2.

**Respect** means \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3.

Who deserves **respect**? (You can circle more than 1 answer.)

- Classmates
- Only people who agree with me
- Family members
- Teachers and coaches
- Only people I like
- Everyone, whether I know them or not

4.

How can I show **respect**? (You can circle more than 1 answer.)

- |  |   |
|--|---|
| <input type="radio"/> Listening patiently with my whole body | <input type="radio"/> Saying "Yes, mam!" or "No, mam!"  |
| <input type="radio"/> Including everyone in my group         | <input type="radio"/> Learning about others             |
| <input type="radio"/> Ignoring others                        | <input type="radio"/> Practicing obedience              |
| <input type="radio"/> Putting others before myself           | <input type="radio"/> Encouraging others                |
| <input type="radio"/> Making fun of someone                  | <input type="radio"/> Arguing                           |
| <input type="radio"/> Rolling my eyes                        | <input type="radio"/> Responding in a calm, quiet tone  |
|  | <input type="radio"/> Saying "Please!" and "Thank you!" |

5.

Quiet and **respectful** words calm anger. Here are 3 to 5 words or phrases I can use to show respect. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



**6. YES NO** I have felt disrespected at some point.



**7.** Feelings and thoughts caused by disrespect. (You can circle more than 1 answer.)

"I am important!"

"I belong!"

"I am valued!"

Anger

Sadness

"I don't deserve it!"

Loneliness

Joyfulness



**8.** If I have been disrespectful, I have the responsibility to make it right.

- TRUE
- FALSE



**9.** When I have been disrespectful, I can

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_



**10.** On a scale of 1 to 5, how well do you show **respect** for your authority? (1 – not **respectful** at all; 5 – consistently **respectful**)

1                      2                      3                      4                      5

I rated myself this way because \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

