

# Nutrition Facts

8 servings per container

**Serving size** 1/4 cup (28g)

**Amount Per Serving**

**Calories** **130**

**% Daily Value\***

**Total Fat** 10g **13%**

Saturated Fat 2g **10%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 45mg **2%**

**Total Carbohydrate** 9g **3%**

Dietary Fiber 2g **7%**

Total Sugars 5g

Includes 0g Added Sugars **0%**

**Protein** 4g **8%**

Not a significant source of vitamin D, calcium, iron, and potassium

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.