

Understanding OSHA

A guide to OSHA Regulations for First Aid Kits

OSHA (U.S Department of Labor Occupational Safety & Health Administration) is the main federal agency charged with the enforcement of safety and health legislation. OSHA regulations regarding first aid kits are contained in the Code of Federal Regulations under section 29 CFR 1910.151 and in Appendix A. OSHA does not provide specifications for first aid kit contents per se but defines mandatory requirements for availability of kits on worksites. In Appendix A of the OSHA guidelines, **ANSI** is referenced as the originator of first aid kit specifications and minimum contents requirements (see ANSI requirements in more detail below).

The 2015 ANSI revision introduces two classes of first aid kits

Class A kits with contents designed to deal with most common types of workplace injuries.

Class B kits with a broader range and quantity of supplies to deal with injuries in complex or high-risk environments.

ANSI Z308.1-2015 Required Contents

In order to be ANSI compliant, First Aid Kits must contain the following components:

2015 ANSI Class B Minimum Fill Requirements

QTY Item and Minimum Size or Volume

50 Adhesive Bandages, 1" x 3"
2 Adhesive Tape, 2.5 yd.
25 Antibiotic Treatment, 0.14 fl. oz (0.5g) applications
50 Antiseptic, 0.14 fl. oz (0.5g) applications
1 Breathing Barrier
2 Burn Dressing, 4" x 4"
25 Burn Treatment, 1/32 oz. (0.9g) applications
2 Cold Pack, 4" x 5"
2 Eye Coverings
1 Eye Wash, 4 oz.
1 First Aid Guide
10 Hand Sanitizer, 1/32 oz. (0.9g) applications
8 Medical Exam Gloves
2 Roller Bandage, 2" x 4 yd.
1 Roller Bandage, 4" x 4 yd.
1 Scissors
1 Padded Splint, 4" x 24"
4 Sterile Pads, 3" x 3"
1 Tourniquet, 1"
4 Trauma Pads, 5" x 9"
2 Triangular Bandage, 40" x 40" x 56"

2015 ANSI Class A Minimum Fill Requirements

QTY Item and Minimum Size or Volume

16 Adhesive Bandages, 1" x 3"
1 Adhesive Tape, 2.5 yd.
10 Antibiotic Treatment, 0.14 fl. oz. (0.5g) applications
10 Antiseptic, 0.14 fl. oz. (0.5g) applications
1 Breathing Barrier
1 Burn Dressing, 4" x 4"
10 Burn Treatment, 1/32 oz. (0.9g) applications
1 Cold Pack, 4" x 5"
2 Eye Coverings
1 Eye Wash, 1 oz.
1 First Aid Guide
6 Hand Sanitizer, 1/32 oz. (0.9g) applications
4 Medical Exam Gloves
1 Roller Bandage, 2" x 4 yd.
1 Scissors
2 Sterile Pads, 3" x 3"
2 Trauma Pads, 5" x 9"
1 Triangular Bandage, 40" x 40" x 56"

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Class A first aid kits are intended to provide a basic range of products to deal with most common types of injuries encountered in the office workplace or home including: major wounds, minor wounds (cuts and abrasions), minor burns and eye injuries.

Class B kits are intended to provide broader range and quantity of supplies to deal with injuries encountered in the workplace, more populated office workplace, complex and/or high risk workplace environments.