
10 FALL INSPIRED ESSENTIAL OIL SPRAY RECIPES

Labels & Gift Tags Included



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How To Make Sprays

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These homemade essential oil sprays can elevate your mood, bring wellness and enhance the smell of your home or office. DIY sprays with essential oils are a great and inexpensive way to add some fun, inspiration, and wellness to the fall season.

So skip the chemicals found in the majority of air fresheners and candles on store shelves this time of year. Try these simple, all-natural essential oil spray recipes and bring some fall inspiration into your home.

These sprays also make great gifts to give to friends and family for the upcoming holidays, they work as air fresheners and room sprays.

Step 1: Add 1 tablespoon grain alcohol to the bottom of a 2 oz glass spray bottle.

Step 2: Add essential oils of the recipe blend you choose on the next page into the bottle and gently swirl to allow the alcohol & oils to blend.

Step 3: Fill the rest of the bottle with water, distilled or filtered water is preferred to keep the integrity of your spray mixture pure (impurities in tap water could alter the spray mix). Place spray top on and shake to disperse the oil. Label your spray with the included labels. Let recipe and let it "marinate" for about a day for best results.

Be sure to shake spray before using each time. Make extras for friends & family.



10 Fall Inspired Spray Blends

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Basic Directions: Pick a recipe from below & add essential oils to 2 oz glass spray bottle with 1 tablespoon of grain alcohol, gently swirl. Fill rest of bottle with distilled water & place top on, shake to mix. Shake before each use.

1) *Pumpkin Pie Spray:*

8 drops Cardamom
5 drops Orange
4 drops Cinnamon
3 drops Clove

2) *Germ Away Spray:*

5 drops Tea Tree
5 drops Frankincense
5 drops Lemon
5 drops Oregano

3) *Spiced Cider Spray:*

8 drops Orange
6 drops Cinnamon
6 drops Ginger

4) *Fall Bliss Spray:*

5 drops Peppermint
5 drops Orange
5 drops Frankincense
5 drops Lime

5) *Falling Leaves Spray:*

14 drops Orange
3 drops Patchouli
3 drops Ginger

6) *Citrus Fresh Forest Spray:*

5 drops White Fir
5 drops Orange
5 drops Lemon
5 drops Bergamot

7) *Thankful Home Spray:*

5 drops Ginger
5 drops Clove
5 drops Cinnamon
5 drops Coriander

8) *Apple Pie Spray:*

10 drops Cinnamon
5 drops Clove

9) *Orange Spice Spray:*

10 drops Orange
5 drops Tangerine
5 drops Cinnamon

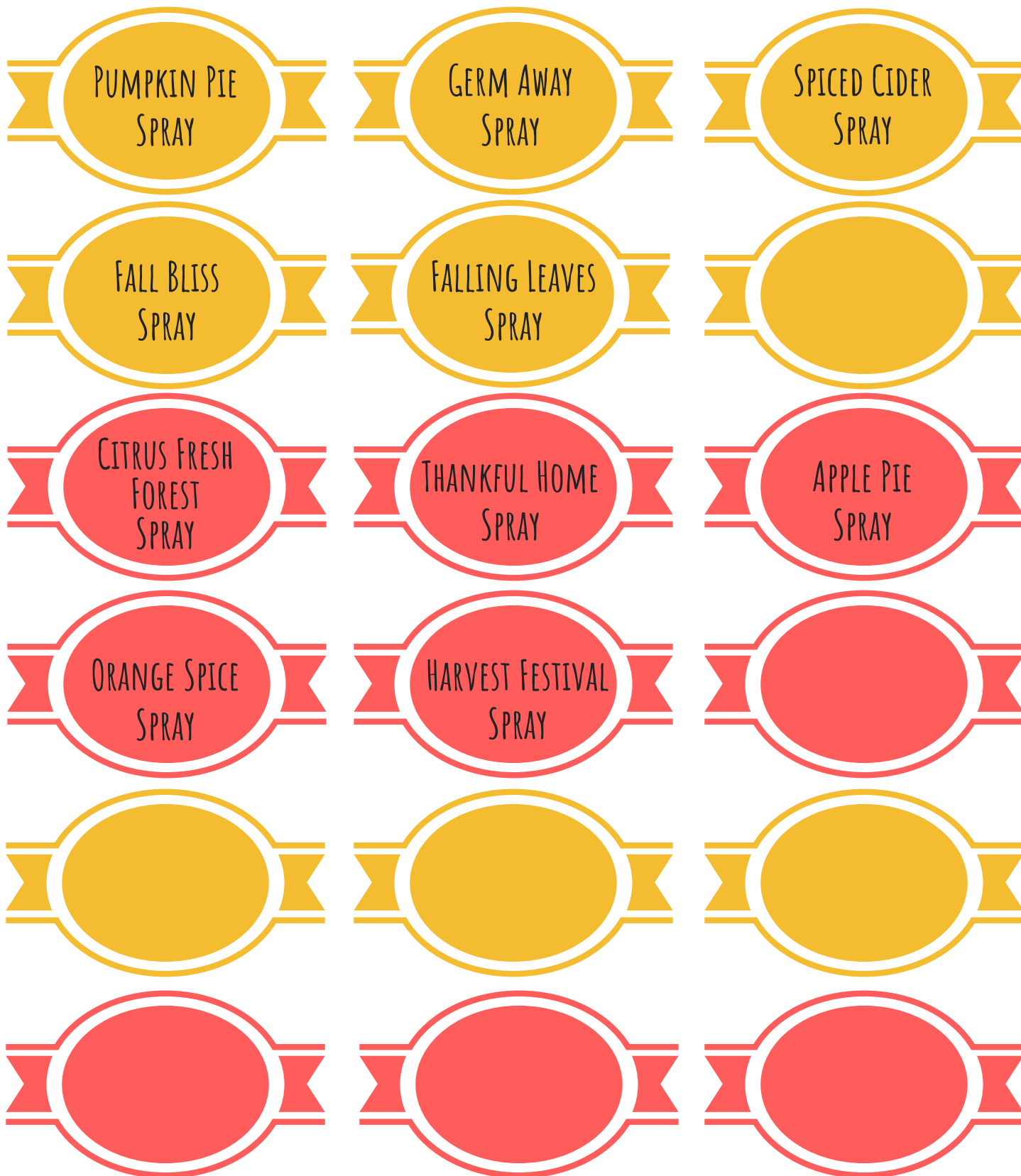
10) *Harvest Festival Spray:*

10 drops Cassia
5 drops Orange
5 drops Cedarwood



FALL INSPIRED SPRAY BOTTLE LABELS

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*Print out on plain paper or label sheets. Cut out and attach to bottle by placing a larger layer of clear contact paper over label. This adds a layer of protection from water and wear.

FALL INSPIRED SPRAY GIFT TAGS

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