

WARMING GINGER MASSAGE OIL

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Warming Ginger Massage Oil

10 drops Ginger essential oil

8 drops Cardamom essential oil

2 drops Orange essential oil

1/4 cup Sweet Almond Oil

2 oz Lotion Pump bottle

1. Add ingredients into glass bottle that has been pre-labeled.

2. Place on lotion pump and shake well.

3. To use, squirt 2-3 pumps into palm and warm oil between hands then massage onto desired location and enjoy.

-----> [Click here to get the Lotion Pump Bottles needed for this recipe](#)

-----> [Click here for the full blog post on Warming Ginger Massage Oil](#)

-----> [Click here for our Favorite DIY Recipe Ingredients](#)



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