**Spider Vein Massage Oil**

10 drops Cypress essential oil  
8 drops Helichrysum essential oil  
1/4 cup Grapeseed Oil  
2 oz Glass Lotion Pump Bottle  

1. Add all ingredients into bottle and place cap on.  
2. Gently shake to blend oils together and allow to marinate overnight.  
3. To use, squirt a few pumps of massage oil into palm of hands, rub together then apply to legs in a gentle upward motion towards heart around and over the spider veins. Massage once or twice per day as desired.

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**Click here to get the Lotion Pump Bottles needed for this recipe**  
**Click here to read the Original Blog Post for Spider Veins**  
**Click here for our Favorite DIY Recipe Ingredients**  

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