## SPIDER VEIN MASSAGE OIL

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## Spider Vein Massage Oil

10 drops Cypress essential oil

8 drops Helichrysum essential oil

1/4 cup Grapeseed Oil

2 oz Glass Lotion Pump Bottle

- 1. Add all ingredients into bottle and place cap on.
- 2. Gently shake to blend oils together and allow to marinate overnight.
- 3. To use, squirt a few pumps of massage oil into palm of hands, rub together then apply to legs in a gentle upward motion towards heart around and over the spider veins. Massage once or twice per day as desired.

- ----> Click here to get the Lotion Pump Bottles needed for this recipe
- ----> Click here to read the Original Blog Post for Spider Veins
- ----> Click here for our Favorite DIY Recipe Ingredients





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