

Grapefruit Diffuser Blends

#1. Funshine

4 drops Grapefruit (*Citrus paradisi*)
3 drops Orange (*Citrus sinensis*)
1 drop Peppermint (*Mentha piperita*)

#2 Get Moving

3 drops Grapefruit (*Citrus paradisi*)
3 drops Basil (*Ocimum basilicum*)
2 drops Peppermint (*Mentha piperita*)

#3 Wake Me Up

3 drops Grapefruit (*Citrus paradisi*)
3 drops Lime (*Citrus aurantifolia*)
1 drop Eucalyptus (*Eucalyptus radiata*)

#4 Blissful

3 drops Grapefruit (*Citrus paradisi*)
3 drops Cypress (*Cupressus sempervirens*)
2 drops Frankincense (*Boswellia carterii*)

#5 Energetic

3 drops Grapefruit (*Citrus paradisi*)
2 drops Peppermint (*Mentha piperita*)
2 drops Rosemary (*Rosmarinus officinalis*)

#6 Lake Retreat

3 drops Grapefruit (*Citrus paradisi*)
3 drops Lavender (*Lavandula angustifolia*)
2 drops Cedarwood (*Juniperus virginiana*)

#7 Uplift

3 drops Grapefruit (*Citrus paradisi*)
3 drops Bergamot (*Citrus bergamia*)
2 drops Lemon (*Citrus limon*)

#8 Love Spell

5 drops Grapefruit (*Citrus paradisi*)
3 drops Cinnamon (*Cinnamomum zeylanicum*)
1 drop Cedarwood (*Juniperus virginiana*)

#9 Fruity Pebbles

2 drops Grapefruit (*Citrus paradisi*)
2 drops Lemongrass (*Cymbopogon citratus*)
2 drops Bergamot (*Citrus bergamia*)

#10 Bubble Gum

4 drops Grapefruit (*Citrus paradisi*)
2 drops Ylang Ylang (*Cananga odorata*)
1 drop Eucalyptus (*Eucalyptus radiata*)

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