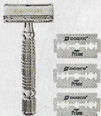


Instead of:
Zip-top bags



Try: Stasher bags
Made from sturdy silicone, Stasher bags are reusable and microwave-, freezer- and dishwasher-safe. From \$12, mec.ca.

Instead of:
Disposable razors



Try: A safety razor
With proper TLC, it can last a lifetime, and companies like Albatross Designs offer a blade return program. \$40, albatrossdesigns.it.

Instead of:
Paper towels



Try: A sponge cloth
These cotton and cellulose cloths leave a streak-free finish, can be tossed in your dishwasher and are fully biodegradable. \$6, tenandco.ca.

Instead of:
Menstrual pads



Try: Knix Leakproof Underwear
They are available in a variety of cuts and colours, and hold two tampons' worth of liquid. \$30, knix.ca.

Instead of:
Nylon dental floss



Try: Compostable dental floss KMH Touches Pure Silk Dental Floss breaks down in 45 days and comes in a refillable glass container. \$12, well.ca.



A single reusable dishcloth can last up to three months and replace around 17 rolls of paper towel. Plus, it's compostable.

Sponge Cloths, \$6 each, tenandco.ca.