

# Palmetto-Plus™ Palmetto-Plus Forte™

For Healthcare Professionals Only



**Palmetto Plus™ & Palmetto Plus Forte™:**  
*Supporting normal prostate function.*

**Biotics Research** has amalgamated the nutritional research from a variety of studies, and the result is a superior nutritional complex of Saw Palmetto, magnesium, glycine, zinc, selenium, lycopene, the amino acids L-alanine and L-glutamine, as well as several other key nutrients and antioxidants.

When used in combination with an essential fatty acid, (**Optimal EFA's®**) and **Liquid Iodine**, **Palmetto Plus™** is an effective option for supporting those with prostate dysfunction.

**Palmetto Plus Forte™** offers all of the same important nutrients as the original version, with the addition of a five-fold increase in lycopene.

**Recommended dosage** is one (1) to three (3) capsules each day as a dietary supplement or as otherwise directed by a healthcare professional.

Approximately 10% of 30 year old men exhibit some degree of benign prostate hypertrophy (BPH), whereas over 50% of men will develop BPH by the time they reach 50 years of age. This number continues to grow exponentially, and it is estimated that upward of 90% of men aged 70 or older will experience BPH.

## Palmetto-Plus™

### Supplement Facts

Serving Size: 3 Capsules  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as natural mixed carotenoids and palmitate)	10,000 IU	200%
Vitamin B6 (as pyridoxal-5-phosphate)	6 mg	300%
Magnesium (as magnesium glycinate)	100 mg	25%
Zinc (as zinc citrate)	45 mg	300%
Selenium (as selenomethionine)	50 mcg	71%
Saw Palmetto (Serenoa repens)(berry)(4:1 extract)	500 mg	
Glycine	500 mg	
L-Alanine	200 mg	
Glutamic Acid (as L-Glutamic acid HCl)	200 mg	
Lycopene (naturally isolated from tomatoes)	3 mg	
Chlorophyllins (from Mulberry leaf)	2 mg	
Superoxide Dismutase (from vegetable culture†)	30 mcg	
Catalase (from vegetable culture†)	30 mcg	

\*Daily Value not established

**Other ingredients:** Gelatin and water.

† Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

**Product #: 7501**  
**NDC: 55146-07501**



**BIOTICS**  
RESEARCH NW INC.  
The Best Of Science & Nature.

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Saw Palmetto (Serenoa repens)(berry)(4:1 extract)	500 mg	*
Glycine	200 mg	*
L-Alanine	200 mg	*
Glutamic Acid (as L-Glutamic acid hydrochloride)	200 mg	*
Lycopene (as natural isolated from tomato)	15 mg	*
Chlorophyllins (from Mulberry leaf)	2 mg	*
Superoxide Dismutase (from vegetable culture†)	10 mcg	*
Catalase (from vegetable culture†)	10 mcg	*

\*Daily Value not established

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**Product #: 7505**  
**NDC: 55146-07505**