

# PCOH-Plus® *For Healthcare Professionals Only*

*Supplies policosanol (from sugarcane) with inositol hexaniacinate, coenzyme-Q10 and antioxidant enzymes SOD and catalase. Consider as dietary support for normal, healthy blood lipid levels.*



PCOH-Plus® supports cholesterol metabolism by reducing total and LDL cholesterol and increasing HDL cholesterol. It also helps to decrease platelet aggregation. Each capsule contains policosanol extracted from raw sugar cane, inositol hexaniacinate, emulsified CoQ-10, as well as antioxidants superoxide dismutase (SOD) and catalase. Use with increased cholesterol and LDL, intermittent claudication and as a natural blood thinner.

**Recommended dosage** is one (1) capsule, taken one to two (1-2) times each day with food as a dietary supplement or as otherwise directed by a healthcare professional.

**Study:** Policosanol can lower LDL cholesterol as much as 20% and raise protective HDL cholesterol by 10%. This compares favorably with cholesterol-lowering drugs which have the drawback of side effects such as liver dysfunction and muscle atrophy. Policosanol is free of these side effects. <sup>1</sup>

- Dietary supplement with Policosanol, Niacin, and CoQ10.
- This product is gluten free!
- Supports cardiovascular health including cholesterol levels.

## PCOH-Plus®

### Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 60

	Amount Per Serving	% Daily Value
Niacin (as inositol hexaniacinate)	250 mg	*1,250%
Policosanol (from sugar cane)	10 mg	*
Coenzyme-Q10	2.5 mg	*
Superoxide Dismutase (from vegetable culture†)	15 mcg	*
Catalase (from vegetable culture†)	15 mcg	*

\*Daily Value not established

Other ingredients: Capsule shell (gelatin and water).

† Specially grown, biologically active containing naturally associated and/or organically bound phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

PCOH-Plus® utilizes Polyicosanol from sugarcane, which is the source supported by clinical research, and emulsified CoQ10, which has been shown to be better absorbed than the most commonly used form.

<sup>1</sup>. Winston W. Greene, B.A., B.S., D.C., [www.dcnutrition.com](http://www.dcnutrition.com)

**Biotics Research NW, Inc.**  
**(800) 636-6913**  
**[www.bioticsnw.com](http://www.bioticsnw.com)**



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