

## Supplement FAQs



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## **HistoPlex-AB**<sup>™</sup>

Why you may need HistoPlex-AB™: From mid-spring and the onset of tree pollens, to late spring's onset of weed pollens, followed by summer's superfluous grass pollens, and a nearly year round onslaught of fungi and mould spores – allergic triggers are ubiquitous. Seasonal changes tend to exacerbate this. An estimated 40-50 million Americans suffer from airborne allergies. These tend to provoke responses such as respiratory symptoms, sinus congestion, nasal drainage, post-nasal drip, coughing, red, watery, runny eyes, and dark undereye circles.

## Why your healthcare practitioner recommends HistoPlex-AB™ from Biotics Research:

HistoPlex-AB™ is an innovative supplement that provides efficient, targeted support. The unique proprietary blend of standardized herbal extracts found in HistoPlex-AB™ shares the distinction of having immuno-modulating effects. Fritillaria thunbergii is known to have antitussive, astringent, and expectorant functions. It is a source of fritimine, which diminishes the excitability of respiratory centers. Solidago virgaurea, commonly known as European Goldenrod, and Scutellaria baicalensis both function to counteract proinflammatory mediators which may be "triggered" as the body responds to airborne irritation. Euphrasia officinalis (Eyebright) has long been used to make improve eye pressure, itchiness, light sensitivity, swelling, and eye drainage. Morus alba is a source of quercetin 3 (6-malonylglucoside) (Q3MG), a flavonol glycoside which has known antioxidative and antiatherogenic protective effects. Saponins derive from the root of Platycodon grandiflorum have been studied for their multifarious properties including inhibiting Cox-2, TNF-a, and prostaglandin E2 (PGE2) levels.

	Amount Per Serving
Proprietary Blend	1,080 mg
Chekiang Fritillary (Fritillaria thunbergii) (bulb) (extract) *	
European Goldenrod (Solidago virgaurea) (aerial part) (e	extract) *
Baikal Skullcap (Scutellaria baicalensis) (root) (extract) *	
Eyebright (Euphrasia officinalis) (aerial part) (extract) *	
White Mulberry (Morus alba) (fruit) (extract) *	
Platycodon grandiflorum (root) (extract) *	
Silk Tree (Albizia julibrissin) (bark) (extract) *	

Other ingredients: Capsule shell (gelatin and water) and magnesium stearate (vegetable source).

This product is gluten and dairy free.

**RECOMMENDATION:** Two (2) capsules two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant or lactating women, children under 12 years of age, those with an autoimmune disease or having a signficantly compromised immune system, or those with an acute infection.

## KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area. Sealed with an imprinted safety seal for your protection.

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For more information on HistoPlex-ABT, please contact your healthcare provider