

# Bio-3B-G®

**For Healthcare Professionals Only**



*Bio-3B-G® is a B-Vitamin containing the phosphorylated forms of thiamin (B1), riboflavin (B2) and vitamin B6, containing a higher amount of thiamin, as compared to riboflavin and niacin, for increased thiamin needs.*

**Bio-3B-G®** provides three times the RDA of the thiamin and 100% of the RDA of the B vitamin group, including B2, B3, B6 and B12, all in the phosphorylated forms. As such, it is similar in nature to the product **Bio-B-100™** with the above noted increase in thiamin.

Each of the B vitamins has a unique metabolic role, thus one B vitamin cannot be substituted for another, and an excess of one will not make up for a deficiency of another. Because B vitamins are required for fundamental functions of organs and tissues, B vitamin deficiencies profoundly affect health.

Due to the fact that **Bio-3B-G®** supplies three times the amount of thiamine (“B factor”) in the form of thiamine pyrophosphate and 100% RDA of the B vitamin group, it may be a beneficial adjunct in nutritionally supporting normal homoeostatic mechanisms, particularly during stress and/or with elevated blood pressure.

**Used for:**

- B vitamin support
- Hypotension
- Psychological stress
- Hypoglycemia
- Adrenal cortical hypofunction
- Acute fatigue

**Recommended dosage** is one to three (1-3) tablets three (3) times each day with food as a dietary supplement or as otherwise directed by a healthcare professional.

**Bio-3B-G®**

<b>Supplement Facts</b>		
Serving Size: 3 Tablets	Servings Per Container: 60	
	Amount Per Serving	% Daily Value
Thaimin (B1) (as cocarboxylase chloride)	4.5 mg	300%
Riboflavin (B2) (as riboflavin-5-phosphate)	1.7 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxal-5-phosphate)	2 mg	100%
Folate (as calcium folinate)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	10 mg	100%
Superoxide Dismutase (from vegetable culture †)	60 mcg	*
Catalase (from vegetable culture †)	60 mcg	*

\*Daily Value not established

**Other ingredients:** Cellulose, stearic acid (vegetable source), food glaze and magnesium stearate (vegetable source).

† Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

**Product #: 1137**  
**NDC: 55146-01137**



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