



Step-by-Step Guide to Caring for your Automatic Mechanical Watch

1. Wear Your Watch Regularly

Automatic watches are designed to stay wound when worn. Regular use keeps the lubricants inside the movement evenly distributed. If you don't wear it daily, consider using a watch winder to keep it functioning.

2. Wind and Set the Watch Properly

****Manual Winding**:** If the watch has stopped, wind it manually by turning the crown clockwise 20-30 times. Avoid overwinding as it can damage the mechanism.

****Setting the Time**:** When adjusting the time, avoid turning the hands backward as this presents a risk to the intricate internal gear systems, which are specially designed for forward use.

3. Clean the Watch Regularly

Use a soft, dry cloth to wipe the case and bracelet to remove dirt and smudges. For deeper cleaning:

- Use a microfibre cloth or soft toothbrush with a tiny amount of lukewarm soapy water (ensure the crown is fully pressed in).
- Gently scrub the metal bracelet and case. Avoid getting water near the crown if possible.
- Rinse thoroughly and pat dry with a lint-free/microfibre cloth.

4. Avoid Exposure to Magnetism

Magnetic fields can disrupt the accuracy of the movement. Keep your watch away from strong magnets, like those in smartphones, speakers, and magnetic clasps.

5. Protect the Watch from Extreme Conditions

****Temperature**:** Avoid exposing your watch to extreme heat or cold, as this can affect the metal and internal lubricants.

****Shock**:** Be mindful of physical impacts, as these can damage the delicate internal mechanisms.

6. Keep the Watch Water-Resistant

Your watch is water-resistant, however you must ensure the crown is fully pushed in or screwed down before exposure to water.

Avoid hot water, saunas, or steam, which can compromise water seals.

7. Service the Watch Periodically

Mechanical watches require professional servicing every 3-5 years to maintain performance. A trained watchmaker/jeweller will clean, lubricate, and adjust the movement.

8. Store the Watch Properly

When not in use, store your watch in a cool, dry place. A watch box or case with a soft lining can protect it from scratches and dust.

Use silica gel packets to reduce moisture in the storage area.

9. Handle the Watch with Care

Always use the crown gently when setting the time or winding the watch.

Avoid pulling or twisting parts unnecessarily.

10. Inspect the Bracelet and Clasps

Regularly check for loose screws or links in the metal bracelet. Tighten them if necessary to prevent accidental falls.