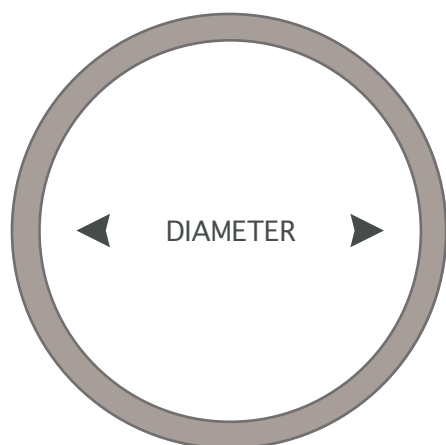


1. Print this ring sizing guide at 100% to ensure an accurate fit - make sure you do not select the 'scale to fit page' or 'shrink to fit page' option.
2. Use ring that fits desired finger.
3. Place ring over the circles.
4. Find the circle which best fits the inside edge of ring.
5. Your ring size is the letter shown within the circle.



Size F 14.1 mm	Size L½ 16.5 mm	Size R½ 19 mm	Size W 20.8 mm
Size F½ 14.3 mm	Size M 16.7 mm	Size S 19.2 mm	Size W½ 21 mm
Size G 14.5 mm	Size M½ 16.9 mm	Size S½ 19.4 mm	Size X 21.2 mm
Size G½ 14.7 mm	Size N 17.1 mm	Size T 19.6 mm	Size X½ 21.4 mm
Size H 14.9 mm	Size N½ 17.3 mm	Size T½ 19.8 mm	Size Y 21.6 mm
Size H½ 15.1 mm	Size O 17.5 mm	Size U 20 mm	Size Z 21.8 mm
Size I 15.3 mm	Size O½ 17.7 mm	Size U½ 20.2 mm	Size Z½ 22 mm
Size J 15.5 mm	Size P 17.9 mm	Size V 20.4 mm	Size Z+1 22.4 mm
Size J½ 15.7 mm	Size P½ 18.1 mm	Size V½ 20.6 mm	
Size K 15.9 mm	Size Q 18.3 mm		
Size K½ 16.1 mm	Size Q½ 18.5 mm		
Size L 16.3 mm	Size R 18.8 mm		

This document is a guide only; for the most accurate fit please visit our shop in Leeds where we will help you with a personal fitting.