

## Order the right size - convert to & from inches

The right size improves the function of your workwear garments. Check your body measurements according to the sketch to determine what size you need. The extra inches to make the clothes comfortable are added by us when we construct the garments.

### Conversion table, Waist x Inseam, Men's sizes

C44 = 30x30	30x30 = C44
C46 = 32x30	32x30 = C46
C48 = 33x32	32x32 = C146
C50 = 34x32	33x32 = C48
C52 = 36x32	33x34 = C148
C54 = 38x32	34x30 = D96
C56 = 40x32	34x32 = C50
C58 = 42x34	34x34 = C150
C60 = 44x34	36x30 = D100
C146 = 32x32	36x32 = C52
C148 = 33x34	36x34 = C152
C150 = 34x34	38x30 = D104
C152 = 36x34	38x32 = C54
C154 = 38x34	38x34 = C154
C156 = 40x34	40x30 = D108
D96 = 34x30	40x32 = C56
D100 = 36x30	40x34 = C156
D104 = 38x30	42x32 = D112
D108 = 40x30	42x34 = C58
D112 = 42x32	44x32 = D116
D116 = 44x32	44x34 = C60
D120 = 46x32	46x32 = D120

### Conversion table, Waist x Inseam, Women's sizes

C34 = 26x31	26x31 = C34
C36 = 27x31	27x31 = C36
C38 = 28x31	28x31 = C38
C40 = 30x31	30x31 = C40
C42 = 32x32	32x32 = C42
C44 = 33x32	33x32 = C44
C46 = 35x32	35x32 = C46
C48 = 37x32	37x32 = C48

**Björnkläder®**

# Order the right size

The right size improves the function of your workwear garments. Check your body measurements according to the scetch to determine what size you need. The extra centimetres to make the clothes comfortable are added by us when we construct the garments.

## Men's sizes (in cm)

Medium height, normal build	C42	C44	C46	C48	C50	C52	C54	C56	C58	C60	C62	C64
A Chest	84	88	92	96	100	104	108	112	116	120	124	128
B Waist	72	76	80	84	88	92	97	102	108	114	120	126
C Hips	90	93	97	101	105	109	113	117	121	125	129	133
D Inseam	77	78	79	80	81	82	83	84	84	85	85	86
	XS	S	S	M	M	L	L	XL	XL	2XL	2XL	3XL

Tall, normal build	C146	C148	C150	C152	C154	C156	C158
A Chest	92	96	100	104	108	112	116
B Waist	80	84	88	92	97	102	108
C Hips	97	101	105	109	113	117	121
D Inseam	84	85	86	87	88	89	89

Short, stout build	D92	D96	D100	D104	D108	D112	D116	D120	D124
A Chest	92	96	100	104	108	112	116	120	124
B Waist	86	90	94	98	103	108	114	120	126
C Hips	99	103	107	111	115	119	123	127	131
D Inseam	75	76	77	78	79	80	80	81	81

## Women's sizes (in cm)

	C34	C36	C38	C40	C42	C44	C46	C48	C50
A Chest	80	84	88	92	96	100	104	110	116
B Waist	66	69	72	76	80	84	88	94	100
C Hips	90	93	96	99	102	106	110	116	122
D Inseam	78	79	80	80	81	81	81	82	82

### A. Chest width:

The largest horizontal size over the chest

### B. Waist width:

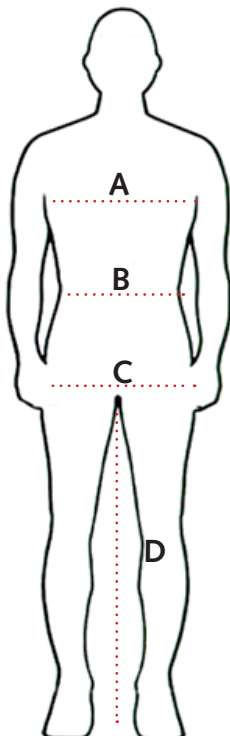
Horizontal size in waist height

### C. Hips width:

Largest horizontal size over the hips

### D. Inseam:

Vertical distance between the crotch and the sole



## New size chart for S-M-L-sizes (Men's)

For several years now, work has been going on within the European standards organisation CEN to develop a common standard for garment sizes. Providing garments with common size markings will make it easier to choose the right size. The suppliers who choose to adapt themselves to the standard will base their sizes on the same basic data, which will be for your benefit.

The standardisation work has not yet been entirely completed, but we have already started adapting the sizes of our latest collections by changing the base for S-M-L sizes. To make it easier, we have marked the models concerned in the catalogue with our Björnkärläder bear. In addition, there is a separate size chart describing what constitutes the differences. Have a good time with your new "European adapted" workwear!