



Supplement FAQs



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Beet Digestion Support

Why you may need Beet Digestion Support: As a direct result of the Standard American Diet (SAD), gallbladder problems are rampant in modern society. Traditionally, many practitioners have supplemented those with gallbladder issues with products containing bile salts, such as **Beet Digestion Support**. While bile salts have helped a great number of patients support normal digestive processes, they do not benefit those patients without bile insufficiency. Some people produce adequate levels of bile; however, the bile they produce is too thick and thus may result in biliary stasis. Intolerances to fried or fatty meals, gas, bloating, constipation, headaches or pain after eating that refers to the shoulder (scapula), etc. are all functional signs that biliary function may be altered.

Why your healthcare practitioner recommends Beet Digestion Support: The gallbladder is a small, hollow organ situated off of the liver that stores and concentrates a digestive substance called bile. When food containing fats enter the digestive tract, the gallbladder contracts and squeezes bile into the intestine so the fats can be digested properly. Research has shown that certain nutrients, including a specific concentrate derived from organic beets, taurine, and pancrelipase, can assist with biliary stasis and support healthy gallbladder function in an incredibly short period of time. Star Energetics, Inc has long taken gallbladder health very seriously, and have developed two unique and time tested formulas to support healthy gallbladder function. **Beet Digestion Support** combines the above mentioned nutrients into highly convenient and effective tablets, and is ideal for people who retain their gallbladders. For people who have had their gallbladders removed, the product of choice would be **Beet Digestion Support**, which contains many of the same active ingredients as **Beet Digestion Support** but has the added benefit of ox-bile to support overall digestive function.



Supplement Facts		
Serving Size: 1 Tablet		
	Amount Per Serving	% Daily Value
Vitamin C (ascorbic acid)	60 mg	100%
Taurine	100 mg	*
Pancrelipase (porcine)	50 mg	*
Organic Beet Concentrate** (Beta vulgaris) (whole)	100 mg	*
Superoxide Dismutase (from vegetable culture †)	20 mcg	*
Catalase (from vegetable culture †)	20 mcg	*

* Daily Value not established

Other ingredients: Cellulose, stearic acid (vegetable source), magnesium stearate (vegetable source) and food glaze.

† Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

** Whole beet concentrate from certified organically grown beets.

This product is gluten and dairy free.

RECOMMENDATION: One (1) tablet with each meal as a dietary supplement or as otherwise directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.
Sealed with an imprinted safety seal for your protection.



Gluten free

For more information on Beet Digestion Support, please contact Star Energetics, Inc.

Liver Gallbladder Support

Beet Digestion Support

Beet Digestion Support can provide support for patients who experience intolerance to fatty foods, have chronic sugar cravings, experience belching, bloating and constipation regularly after meals, and/or experience chronic headaches or pain between the shoulder blades.

Beet Digestion Support is a powerful combination of beet root concentrate, taurine, pancreatic lipase and vitamin C to assist the gallbladder with the production and release of healthy bile. The liver produces bile and stores it in the gallbladder. After we consume a meal that contains fat, the gallbladder releases bile in order to properly emulsify/breakdown fats in the body. If the bile is congested and thick, dietary fats will not be broken down properly resulting in an array of GI symptoms.

Healthy gallbladder and liver function also depend on proper nutrition. Avoid fried foods, all sources of hydrogenated fats and consume healthy fats on a regular basis. Good quality fats include olive oil, omega 3 fatty acids, raw organic sesame oil and non-hydrogenated coconut oil. Remember, even with the consumption of healthy fats your gallbladder still needs to produce and release healthy, thin bile in order for food to be properly digested. A healthy dose of Beet Digestion Support can range from 2-4 tablets taken with each meal or essential fatty acids depending on the severity of your symptoms.



Suggested for patients who demonstrate intolerance to fatty foods, have chronic sugar cravings, experience belching, bloating and constipation regularly after meals, and/or experience chronic headaches or pain between your shoulder blades.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.