



## ORGANIC LAVENDER GROW KIT INSTRUCTIONS

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It's nice to meet you, and we're so excited for you to start your lavender growing journey! While lavender has been revered for over 2000 years for its aroma, beauty, and culinary uses, it also can be one of the more finicky plants to grow. Worried you don't have a green thumb? Don't be! At Back to the Roots, we're going to be here for you along your whole growing journey. If you have any questions or issues, please just let us know — our kits are **100% Guaranteed to Grow!**

First thing to note, lavender takes about **30 days to germinate** and requires consistent moisture and warm temperature. So if you know you're going to be out traveling for some time, make sure you have a plant sitter or wait till you get back to start germination.

Inside are instructions to grow your Windowsill Lavender Planter. If you'd rather watch a video, just scan this QR code with your smartphone camera [or go to [backtotheroots.com/lavendergermination](https://backtotheroots.com/lavendergermination)].



Back to the Roots Community Happiness Team  
[contact@backtotheroots.com](mailto:contact@backtotheroots.com)  
[backtotheroots.com/FAQ](https://backtotheroots.com/FAQ)

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## WHAT'S INCLUDED:



mason jar planter, lid  
& organic potting mix



organic lavender  
seeds

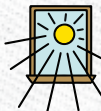


organic fertilizer  
spikes

## WHAT YOU'LL NEED:



tap water



sunny window or grow light  
light available at [backtotheroots.com](http://backtotheroots.com)

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## PLANTING

Remove planter lid and add  $\frac{1}{2}$  cup of water to dampen the soil.

Sprinkle at least 8 seeds near the center of your planter and cover with  $\frac{1}{4}$ " of soil.

Add additional water to ensure the top 2" of soil is moist. Use a watering can with a gentle spray nozzle or a spray bottle to avoid displacing your planted seeds.

Place the planter lid back on top of the jar (no need to screw it on tightly) to increase humidity and aid in germination.



## GERMINATION

Temperature and moisture are important factors for successful germination:

- Lavender seeds germinate best at or near 80°F. Keep your planter in a warm spot like a sunny window or near a heating vent.
- Keep the top 2" of soil consistently moist throughout germination. Carefully add water as needed.

**Seeds will germinate in approximately 4 weeks.**

Remove the planter lid after seedlings appear. Seedlings will be delicate, so take care to add water near them but avoid drenching the green stem and leaves.

## ONGOING CARE

Lavender is a slow-growing plant, but you will see new leaves develop in the coming weeks. After seedlings have developed multiple sets of leaves, you can begin to water less frequently. Peer through your mason jar to make sure the soil begins to dry before watering again.

When seedlings reach 3" tall, carefully thin seedlings. For multiple smaller plants, remove all but the three strongest seedlings. For one large plant, remove all but one.

**TIP:** even at just 3" tall, your plant will give off an aromatic lavender fragrance. Go ahead, give it a smell!

8 weeks after germination, push 1 fertilizer spike into the soil, away from stems and roots. Add the 2nd spike after flowers appear.

Lavender traditionally flowers in the summer, and stalks can be used fresh or dried. Visit [backtotheroots.com](http://backtotheroots.com) to learn about all the fun ways to use lavender!





**LET'S EAT!**

## LEMON LAVENDER MUFFINS

Find this recipe and more at [backtotheroots.com](http://backtotheroots.com)



## GIVE THE GIFT OF GROWING

Share the magic of gardening with friends & family! Visit [backtotheroots.com](http://backtotheroots.com) and use promo code **GROWINGGIFT20** to save 20% on any of our other organic small space gardening kits. From mushrooms, to microgreens, to aquaponic systems - we have something for everyone!



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