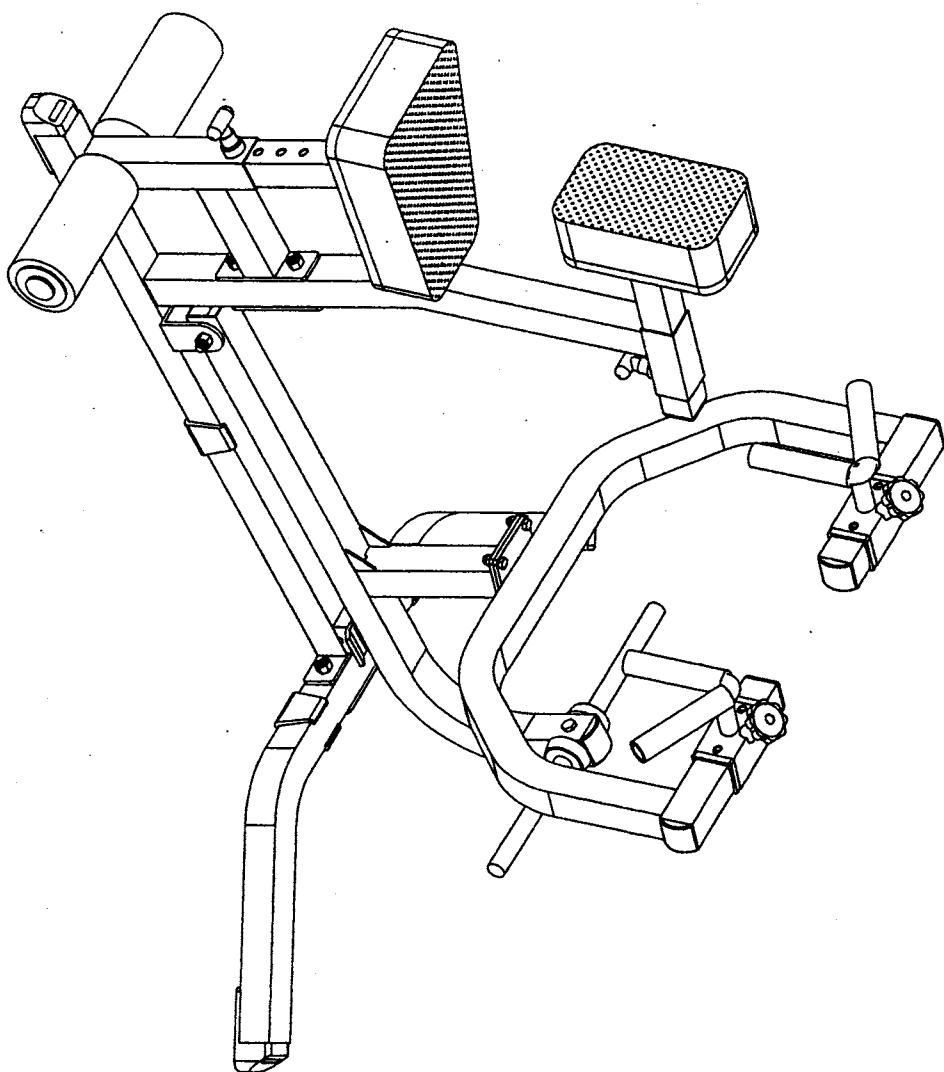


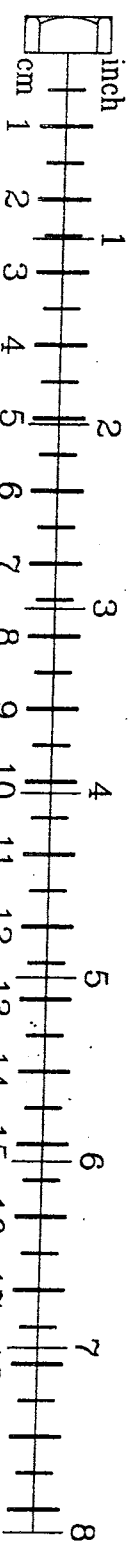
GSRM-40



VERSION 0506

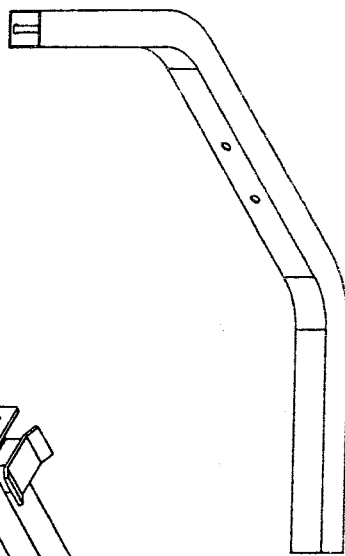
JSRM-40 HARDWARE ILLUSTRATION SHEET

	Qty.	
1. M12X75 HEX HEAD BOLT -----	[4PCS]	A1
2. M10X25 HEX HEAD BOLT -----	[4PCS]	A2
3. 5/16X1" HEX HEAD BOLT -----	[8PCS]	A3
1. M12 NYLON LOCK NUT -----	[4PCS]	B1
2. M10 NYLON LOCK NUT -----	[4PCS]	B2
1. 5/16" (I.D.) WASHER -----	[8PCS]	C1
2. 5/16" SPRING WASHER -----	[8PCS]	C2
3. M10 (Ø19) WASHER -----	[8PCS]	C3
1. Ø1" ROUND END CAP (8341-033) -----	[2PCS]	D1
2. 2"X2" END CAP (9211-087) -----	[5PCS]	D2
3. 1 3/4"X1 3/4" END CAP(9211-091) -----	[1PCS]	D3
4. 60X50 NYLON BUSHING (9211-033) -----	[4PCS]	D4
6. Ø3" NYLON WASHER (9214-008) -----	[2PCS]	D7
7. 2"X2"(1.8t) FOOT CAP (9211-024) -----	[2PCS]	D8
8. 2"X2"(2.5t) FOOT CAP (9211-025) -----	[1PCS]	D9
9. 2"X2" RUBBER DONUT (9212-010) -----	[3PCS]	D10
10. 4"X23X8" FOAM ROLLER (9161-009) -----	[2PCS]	D11
11. Ø2 1/2"X3/4" RUBBER DONUT (9310-012) -----	[2PCS]	D12
12. 1 1/2"X1 1/2" RUBBER BAR CATCH (9310-001) [1PCS]	[1PCS]	D13
13. Ø6XØ13 RUBBER DONUT V STYLE (9214-004) [2PCS]	[2PCS]	D14
14. 2"X2" END CAP (9211-005) -----	[1PCS]	

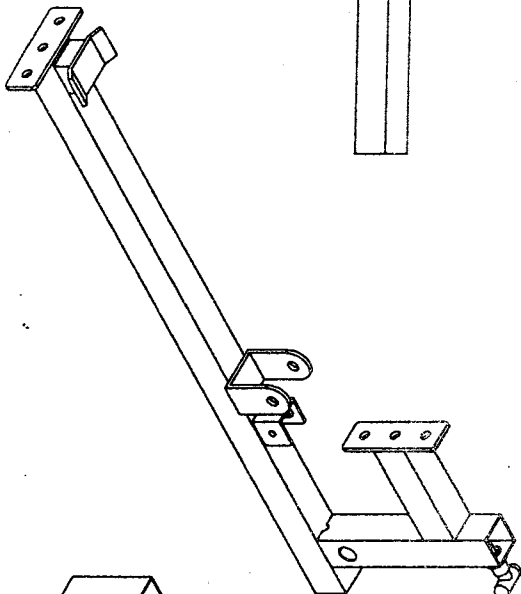


GSRM-40 PARTS ILLUSTRATION SHEET

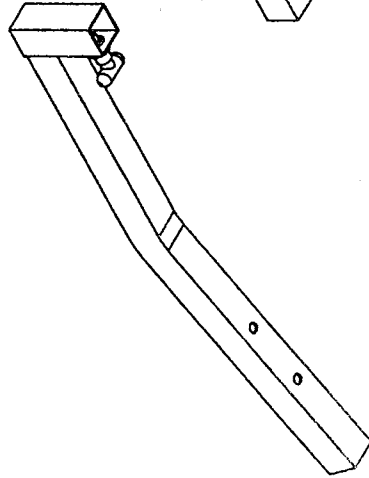
A [1PCS]



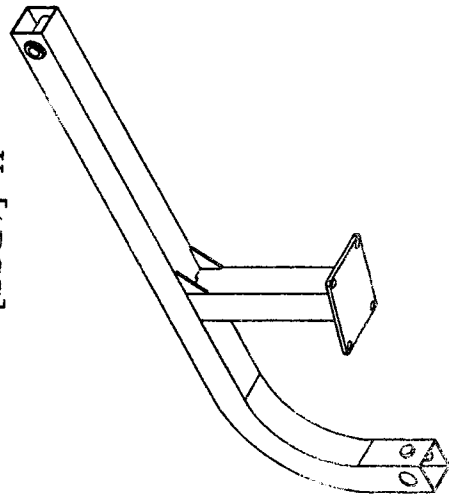
B [1PCS]



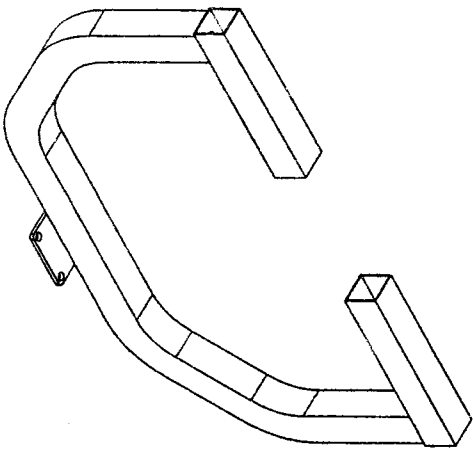
C [1PCS]



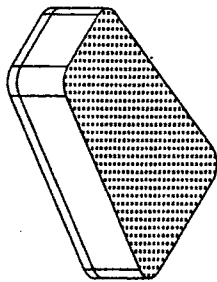
D [1PCS]



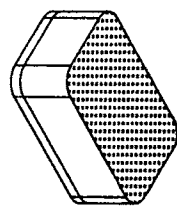
E [1PCS]



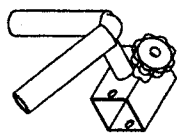
F [1PCS]
9122-004



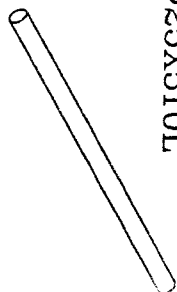
H [1PCS]
9132-006



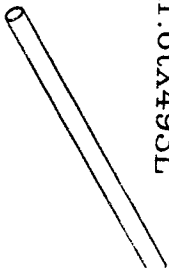
J [1PCS]



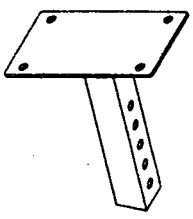
K [1PCS]
Ø25X510L



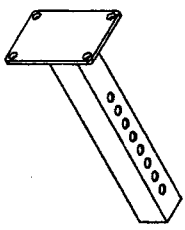
L [1PCS]
Ø1"X1.6tX493L



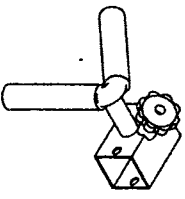
G [1PCS]



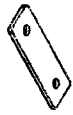
I [1PCS]

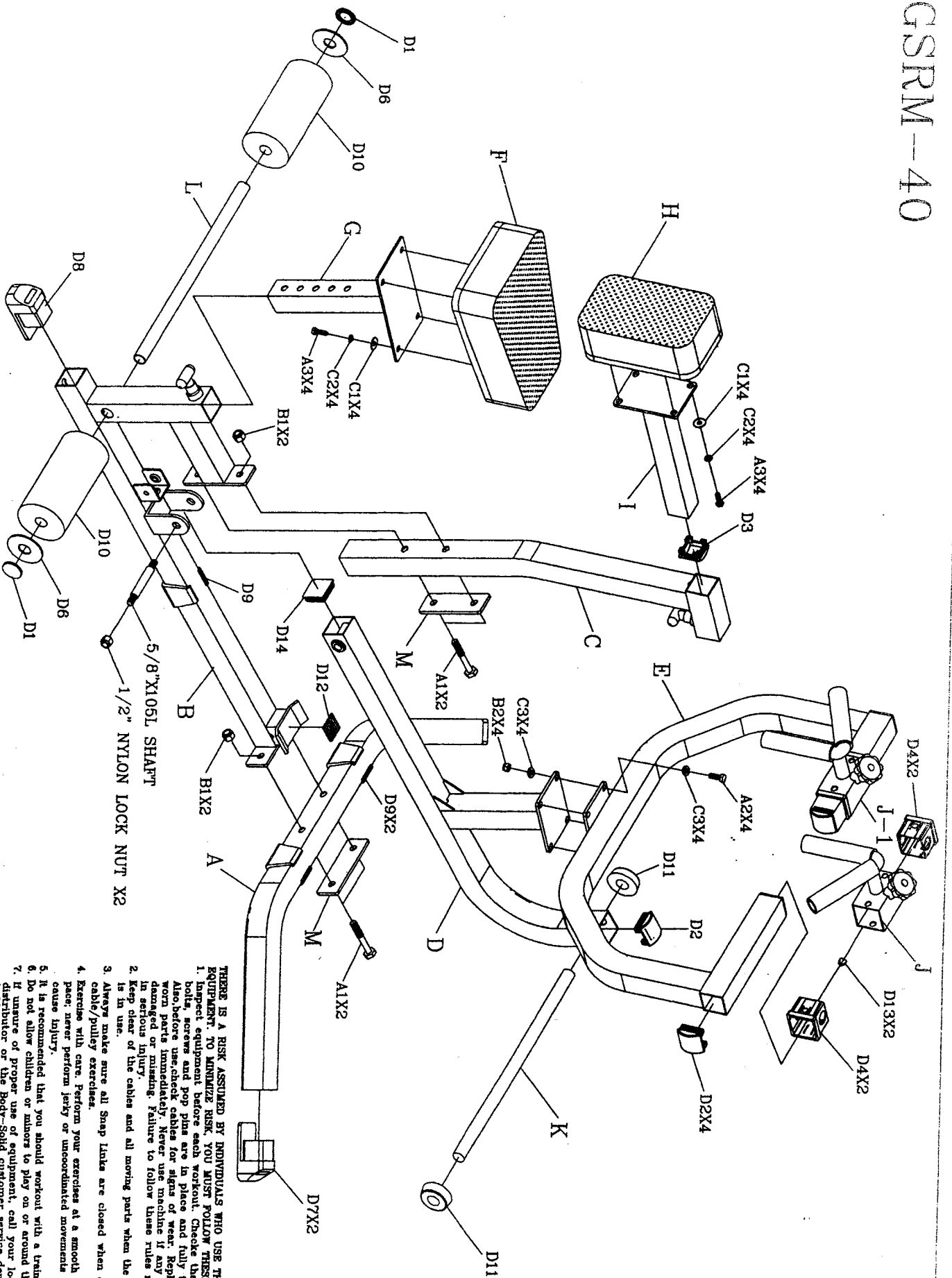


J-1 [1PCS]



M [2PCS]
8312-062





PAGE 3

THERE IS A RISK ASSUMED BY INDIVIDUALS WHO USE THIS TYPE OF EQUIPMENT. TO MINIMIZE RISK, YOU MUST FOLLOW THESE RULES:

1. Inspect equipment before each workout. Check that all nuts, bolts, screws and pop pins are in place and fully tightened. Also, before use, check cables for signs of wear. Replace all worn parts immediately. Never use machine if any parts are damaged or missing. Failure to follow these rules may result in serious injury.
2. Keep clear of the cables and all moving parts when the machine is in use.
3. Always make sure all Snap Links are closed when doing any cable/pulley exercises.
4. Exercise with care. Perform your exercises at a smooth moderate pace, never perform jerky or uncoordinated movements that may cause injury.
5. It is recommended that you should workout with a training partner.
6. Do not allow children or amateurs to play on or around this equipment.
7. If unsure of proper use of equipment, call your local Body-Sold distributor or the Body-Sold customer service department at 1-800-656-3113.
8. **WARNING:** Consult your physician before starting your exercise program. For your own safety, do not begin any exercise program without proper instruction.