

MGT100 Suspension Trainer



The Suspension Trainer MGT100 is a portable lightweight training system that allows you to workout anywhere, anytime you like and to achieve the results you have set. The trainer can be used hanging from a doorframe, a wall anchor or from a tree. Your own body weight is used as resistance and will strengthen your entire body, while building up muscles and burning undesirable fat.

The MGT100 Suspension Trainer helps to increase your flexibility and endurance level and will help to develop and maintain a strong body core for the inexperienced as well as for the professional athlete. This MGT100 Suspension Trainer is a multipurpose exercise tool, which will take your training to the next level with over more than 300 different exercises.

USER-FRIENDLY:

The MGT100 Suspension Trainer is made from heavy-duty nylon, with commercial grade carabiners, keepers and handles and really user-friendly. The MGT100 comes with quick snap carabiners and one-pull-strap adjustments, which allows you to assemble the trainer in no time.

VERSATILE:

The MGT100 Suspension Trainer offers you a diverse workout routine with very few components; it is a multipurpose, multitasking device, which gives you the convenience of training anywhere. With this single piece of equipment you can exercise various muscle groups.

PORTABLE:

The MGT100 Suspension Trainer takes up less space and even when you are traveling, the compact mesh bag makes it easy to carry. The MGT100 can be conveniently packed into a bag or a suitcase.



SPECIFICATIONS

Durable nylon fabric and metal parts

Slip-resistant stabilizer ring and grip handles

Two Suspension straps + Extender Strap + Door anchor + Travel Carry Bag

Lightweight and easily portable.

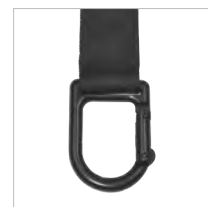
The possibility of over 300 bodyweight exercises, without the need of additional equipment.

Suited for use at home, at the office or outdoors. The only necessary requirements are a doorframe or a sturdy tree to attach it to and space to work out. to work out.

Length extender strap: 245 cm

Net/gross weight: 1.42 kg / 1.60 kg

Maximum load: 150 kg



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