

# GRCH322 Roman Chair & Back Hyperextension

*Body-Solid*<sup>®</sup>  
Built for Life



## GRCH322 Roman Chair & Back Hyperextension

The Body-Solid GRCH322 Roman Chair & Back Hyperextension specializes in developing the lower back, and also targets the gluteal muscles, hamstrings and abdominals. The Roman Chair & Back Hyperextension is made from heavy-gauge steel, with thick, double-stitched DuraFirm pads and oversize 8" foam rollers that adjust vertically and horizontally to fit all users.

Fitness professionals worldwide recognize the Roman Chair & Back Hyperextension for its unsurpassed development of the abdominal, oblique, lower back, glute, and hamstrings.

Weight: 88 lbs.  
Dimensions: 45"L x 26"W x 43"H

## Special Features

- Commercial 2"x 3" heavy-gauge steel construction
- Extra-wide base eliminates rocking
- Extra-thick 3¾" DuraFirm support pads
- Oversize foam rollers are pop-pin adjustable both vertically and horizontally
- No-slip step-up surface for safe positioning

## Warranty



Frame & Welds ..... Lifetime  
Bushings and Hardware ..... 3 Years  
Pads, Cables and Grips ..... 1 Year



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