

GLM84 Lat Machine

Body-Solid®
Built for Life



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The GLM84 is the same machine as the GLM83, only the selectorized weight is extra (95 kg), so no counter balance is necessary. Finish your lat workout, let go of the 122 cm lat bar and grab the 51 cm seated row bar on the low pulley and continue working out.

Features included patented nylon bushings to provide super-smooth movements. Pop pin adjustments, foam rollers and bar holders for high and low pulleys add order and convenience to your workout.

A seated row foot brace and diamond plate stabilizers add extra balance and security to the best lat machine on the market today.

Includes Lat Bar and Straight Bar.

Afmetingen: L 152.4 x W 81.3 x H 214.1 cm
Net weight: 148 kg

Features

- Tensile strength steel
- "No-Cable-Change Technology" makes transitions between high and low pulley exercises effortless
- 6.5 cm thick, comfortable DuraFirm™ seat pad
- Patented nylon bushings provide smooth weight carriage travel
- Comfortable, multi-position 20 cm foam rollers lock you in position for high pulley lat work
- Seated row foot brace for low pulley lat work
- Includes 122 cm Lat Bar and 51 cm Straight Bar
- Selectorized weight stack 95 kg

Warranty

Frame & Lasnaden	Levenslang
Katrollen, bussen, lagers, hardware, platen en geleidestangen	2 jaar
Kabels, handgrepen (normale slijtage)	2 jaar

