

GLM83 Lat Machine

Body-Solid®
Built for Life



GLM83 Lat Machine

Finish your lat workout, let go of the 122 cm lat bar and grab the 51 cm seated row bar on the low pulley and continue working out.

Features included patented nylon bushings to provide super-smooth movements. Pop pin adjustments, foam rollers and bar holders for high and low pulleys add order and convenience to your workout.

A seated row foot brace and diamond plate stabilizers add extra balance and security to the best lat machine on the market today.

Includes Lat Bar and Straight Bar.

Weight plates and Olympic adapter sleeves optional.

Afmetingen: L 152.4 x W 81.3 x H 206.6cm
Net/gross weight: 45.8 kg / 48 kg

Features

- Tensile strength steel
- "No-Cable-Change Technology" makes transitions between high and low pulley exercises effortless
- 6.5 cm thick, comfortable DuraFirm™ seat pad
- 45.1 cm seat height
- Patented nylon bushings provide smooth weight carriage travel
- Comfortable, multi-position 20 cm foam rollers lock you in position for high pulley lat work
- Seated row foot brace for low pulley lat work
- Includes 122 cm lat bar and 51 cm straight bar
- For standard plates Ø25 and Olympic plates Ø50 with 2 adapters (adapters not included)

Warranty

Frame & Lasnaden	Levenslang
Katrollen, bussen, lagers, hardware, platen en geleidestangen	2 jaar
Kabels, handgrepen (normale slijtage)	2 jaar

