

GBR10 Ball Rebounder

Body-Solid[®]
Built for Life



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Improve your speed, agility, strength, hand-eye coordination and much more with Body-Solid's GBR10 Ball Rebounder. The GBR10 adds variety to strength and cardio workouts with a number of tossing exercises that work muscles in innovative ways. Coupled with the adjustable 30 to 60 degree angle, the GBR10 ensures a wide diversity of exercise possibilities. Four stabilization posts ensure the GBR10 stays in place even under the most strenuous of workouts while in-unit medicine ball storage keeps workout spaces clean and organized. Perfect for functional/cross training, circuits, sports and rehab, the GBR10 is an ideal tool to add variety, speed and explosiveness to any workout program.

Weight: 43.4 lbs
Dimensions: 54.6"L x 46.8"L x 37.6"H

Special Features

- Add variety to strength and cardio workouts
- Perfect for functional/cross training, circuits, sports performance or rehabilitation
- Adjustable 30 to 60 degree angle
- Perform medicine ball workouts without a partner
- Four stabilization posts
- In-unit medicine ball storage

Warranty



Frame & Welds Lifetime
Bushings and Hardware 3 Years
Pads, Cables and Grips 1 Year



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