

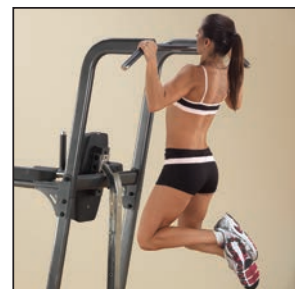
**FCD**

**Body-Solid -Fusion Knee Raise Chin Dip**

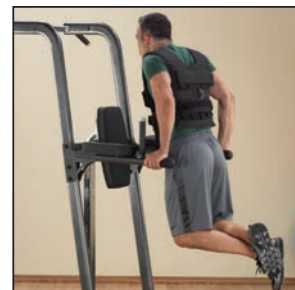
*Body-Solid*<sup>®</sup>  
Built for Life



Leg Raises



Pull-Ups



Dips

**FCD**

**Fusion Knee Raise Chin Dip**

By doing pull-ups chin-ups and dips, you can effectively and efficiently build muscles in your arms, shoulders and back. Add vertical knees raises, and you'll soon see an increase in definition of your lower abdominal muscles. Best of all, the benefits of these exercises can be enjoyed by fitness enthusiasts of all skill and strength levels.

**Special Features**

- Lat Pull-Up (wide overhand grip) / Chin-Up (close underhand grip) Station features easy step-up entry
- Easy access Dip Station features oversized diameter grips for ultimate comfort
- 11 gauge steel frame with 1<sup>5</sup>/<sub>8</sub>" x 3" oval tubing
- Ideal for home and commercial use

**Warranty**



Frame & Welds ..... Lifetime  
 Bushings and Hardware ..... 3 Years  
 Pads, Cables and Grips ..... 1 Year



Frame & Welds ..... Lifetime  
 Bushings and Hardware ..... Lifetime  
 Pads, Cables and Grips ..... Lifetime

Weight: 136 lbs  
Dimensions: 63"L x 42"W x 83"H