

EVOCARDIO

AIR RUNNER ARUN100

THE ULTIMATE TRAINING TOOL

Incorporate a new dimension into your training with the Curved Treadmill Air Runner ARUN100. The completely self-powered, manual ARUN100 offers a one-of-a-kind workout experience that requires zero electricity. Feel the freedom of this totally manual treadmill while running or walking on the unique curved running surface where you are the motor.

The Air Runner ARUN100 challenges the entire body while burning up to 30% more calories than any other treadmill.

High intensity intervals are made easy when there are no buttons to reach for to increase or decrease speed; this also makes for quick transitions during group training.

The non-motorized ARUN100 is made possible by the running surface. The Slat Belt system is near frictionless, which allows the belt to glide smoothly. Combine that with an innovative curved running surface and suddenly users are able to control their pace at will. To speed up, simply start running, to slow down, allow yourself to drift down the curve. It is all about body position and gravity.

No need to push a button and wait for the treadmill to speed up. As a user takes longer strides up the curved belt, the speed increases, and as the user simply drifts back towards the rear, the speed decreases.

- **NO MOTOR**
- **CURVED DECK**
- **UNLIMITED SPEED**



SPECIFICATIONS

Self powered with 4 levels of magnetic resistance

Robust steel frame with low position cross handle for the all-out sled push workout

Anti-slip durable rubber slats with robust on-slat 608zz seal bearings

Ergonomic handle with black foam grip

Integrated wheels for easy transportation

Battery operated LCD monitor displaying time, distance, calories and pulse

Build-in wireless heart rate receiver

Black water bottle holder included

Large LCD screen displays 7 workout modes including 20/10,20/30, custom intervals, 4 target settings

Product dimensions: L 172 x W 82 x H 165 cm

Running surface: 160 x 48 cm, curved

Product weight: 158 kg

Max. user weight: 160 kg



Console

Large LCD screen displays 5 workout readouts including speed, time, distance, calorie & pulse (optional)



Resistance

4 sections of manual control, allowing the user to choose the required feel of the run pace.

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PREMIUM QUALITY, EXCELLENT SERVICE