



Care Certificate Standard 8

Care Certificate Standard 8 - Online Training Course - CPDUK Accredited



Corporate Member

The CPD Certification Service



OVERVIEW

Welcome to The Mandatory Training Group's online Care Certificate Standard 8 (Fluids, Nutrition and Food Safety) training course for front-line healthcare and social care support workers. All our online training courses, programmes and qualifications are accredited by the CPD Certification Service (CPDUK).

Food hygiene refers to the conditions and measures necessary to ensure the safety of food from production to consumption. Food can become contaminated at any point during slaughtering or harvesting, processing, storage, distribution, transportation and preparation.

Food safety is a scientific discipline describing handling, preparation, and storage of food in ways that prevent foodborne illness. This includes several routines that should be followed to avoid potential health hazards.

Care Certificate Standard 8 - E-Learning Course - CPDUK Accredited

- Study method – Online, self-paced
- Estimated duration (Indicative CPD hours) – 2 hours
- Course format – Online (24/7 access)
- Entry requirements – no prerequisites required
- Assessment type – Complete end of course assessment (80% needed to pass and gain CPD certificate)
- Certification/Qualification – Downloadable CPD certificate
- Cost(s) of assessment and certification – Assessment and certification costs included in the course price
- Course accreditation – CPD Certification Service (CPDUK)
- Course access – Part-time (1-year access)
- Course delivery – via desktop PC/MAC, laptops, tablets or smartphone

Who is the course for?

This online Care Certificate Standard 8 (Fluids, Nutrition and Food Safety) training course should be completed by those who work in health and social care services, including:

- New members of staff in Healthcare Support Worker roles,
- New members of staff in Adult Social Care Worker roles, and
- Any staff members who provide direct care to patients or individuals needing support.

This online Care Certificate Standard 8 (Fluids, Nutrition and Food Safety) training course will also be useful for:

- Staff moving into new roles within their organisation,
- Refreshing the knowledge of any member of staff,
- NHS nursing, AHP and care staff,
- Agency care workers,
- Healthcare assistants (HCAs),
- Support workers,
- Care assistants, and
- Community services.

Course aims

This online Care Certificate Standard 8 (Fluids, Nutrition and Food Safety) training course helps health and social care workers to understand their legal responsibilities to those they provide care.

Fluids and nutrition are essential for health and well being. It is also equally important for those who handle food in health and social care settings to have an awareness of basic food safety principles and minimise the risk to patients and service users.

Learning outcomes

On completion of this interactive online Care Certificate Standard 8 (Fluids, Nutrition and Food Safety) training course , the learner will have an improved understanding of the following:

- Food Safety Legislation,
- Food Allergens,
- Food allergies and anaphylaxis,
- Vulnerable people,
- Food safety precautions,
- Health and well being,
- Hydration for well being,
- Identifying poor nutrition and hydration,
- Promoting adequate nutrition and hydration and
- Assisting individuals with nutrition and hydration

Course content

This online Care Certificate Standard 8 (Fluids, Nutrition and Food Safety) training course covers the following:

- **Understand the principles of hydration, nutrition and food safety;**
 - Describe the importance of food safety, including hygiene, in the preparation and handling of food,
 - Explain the importance of proper nutrition and hydration in maintaining health and wellbeing,
 - List signs and symptoms of poor nutrition and hydration, and
 - Explain how to promote adequate nutrition and hydration.

- **Support individuals to have access to fluids following their plan of care;**
 - Ensure drinks are within reach of those that have restrictions on their movement/mobility,
 - Ensure that drinks are refreshed regularly,
 - Ensure that individuals are offered drinks under their plan of care,
 - Support and encourage individuals to drink per their plan of care, and
 - Know how to report any concerns to the relevant person. This could include:
 - A senior member of staff,
 - Carer, and
 - Family member
- **Support individuals to have access to food and nutrition following their plan of care;**
 - Ensure any nutritional products are within reach of those that have restrictions on their movement/mobility,
 - Ensure food is provided at the appropriate temperature and following the plan of care, i.e. the individual can eat it,
 - Ensure that proper utensils are available to enable the individual to meet their nutritional needs as independently as possible,
 - Support and encourage individuals to eat following their plan of care,
 - Know how to report any concerns to the relevant person. This could include:
 - A senior member of staff,
 - Carer, and
 - Family member

Why is this online Care Certificate Standard 8 training course essential?

It is essential for health and social care providers to observe the core principles of food hygiene and food safety. What we eat is vital to our health and well-being and how we look, feel and function. People must have a diet that is safe to eat and has all the nutrients they need.

Food safety is essential when preparing and handling food. Not all substances and objects that can cause harm or illness can be seen. This means that people can become ill from eating food that tastes normal and looks safe. Whether you occasionally make someone a snack such as a sandwich or are regularly involved in preparing meals, you should always make sure that the food is safe to eat.

[Click Here to Buy this Course](#)



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Learn. Develop. Comply

HOW IT WORKS?

Instant Access

- Gain instant access to your course(s) upon purchasing through our website
- Login credentials are sent immediately to the customer to the email address provided during the checkout process
- We also advise all customers to check their spam and junk mail folders in case your mail server has diverted the email there

Online Support 24/7

- Customer service teams interact with clients through email and live chat support.

Refund policy

- To request a refund, you should email our support team with your receipt stating why you would like to be reimbursed.
- You, or your learners, must not complete the training to make a valid refund claim.
- Any courses that have been completed and those with certificates achieved will not be valid for a refund.

Learn Anytime, Anywhere, On Any Device

- Learn at your own pace, at a time and place convenient to your circumstances
- Individual learners can access their course material(s) 24/7 for 365 days from the date of purchase
- In the case of organisations that order multiple licences for future use, the countdown will start when learners are allocated to the training course(s)

Assessment and Certification

- Unlimited attempts to complete end of course assessments
- On successful completion, download, print/save quality-assured CPD certificate

100% Money Back Guarantee

- We want you to be completely satisfied with your training. We offer a 14-day money-back guarantee if you are not 100% satisfied.

ASSESSMENT AND CERTIFICATION

End of course assessment

At the end of this course, learners are required to complete an online end of course assessment. On successful completion of the assessment (80% pass mark), learners may download a FREE CPD certificate from their profile page.

Certification

On successful completion of this e-learning course and end of course assessment, the learner may download, save and/or print a quality assured CPD certificate (recognised internationally). Our CPD certificate can be used to provide evidence for compliance and audit or Continuing Professional Development (CPD).

Course accreditation

The CPD Certification Service accredits all our online training courses and programmes as conforming to universally accepted Continuous Professional Development (CPD) guidelines. Our online training courses meet the latest guidance and best practice recommendations.



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CPDUK Corporate Membership Number - 11177

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WHY CHOOSE US?

The benefits of using our accredited e-learning courses in the workplace include:

- CPDUK accredited e-learning provider
- Ofqual approved training centre (UK qualifications)
- Internationally recognised CPD and Ofqual approved certificates
- Wide range of courses and qualifications that meet UK legislation and guidelines
- Over 500 online courses and programmes that cover multiple sectors
- Free blended learning environment for individuals and organisations
- Immediate access to online courses and programmes
- Highly interactive e-learning portal
- Substantial cost reductions (no travel fees and other expenses)
- Self-paced online learning
- Low carbon footprint through e-learning
- Repository of online learning materials and assessments
- Fully qualified and experienced trainers, instructors and assessors
- Experienced subject matter experts and content developers
- Conversion of existing classroom courses to e-learning courses
- All training courses meet the latest guidance and best practice recommendations.



Civility in the Workplace Training Course for Global Executives

"YPO is the premier global leadership organisation for more than 28,000 chief executives in over 130 countries and the global platform for them to engage, learn and grow. We approached The Mandatory Training Group to develop an online training programme focusing on improving workplace civility. Their team developed excellent learning materials tailored to our organisational needs. With their support, we rolled out the civility in the workplace training programme to over 300 executives around the world."

Nicolle Billmyre, YPO, Texas, USA



City and Hackney

Clinical Commissioning Group

Counter Fraud, Bribery and Corruption Training for NHS Providers

"NHS City and Hackney Clinical Commissioning Group (CCG) is an NHS organisation led by local GPs. The Mandatory Training Group provided us with tailored courses focussing on tackling fraud, corruption and bribery for all our staff across various sites. The e-learning courses helped us to meet statutory and regulatory requirements".

Harriet Griffiths, NHS City and Hackney CCG, London, UK

Accredited Training Courses, Programmes and Regulated Qualifications



"Reed is the largest platform for jobs, recruitment and courses in the UK. The Mandatory Training Group is one of our most trusted providers of continuing professional development (CPD) programmes and regulated qualifications. They have provided us with a wide range of learning materials ranging from soft skills, personal development, health and safety, among others. These courses help many job seekers to improve their skills and comply with the current UK and European laws".

Mansh Bhatti, Reed Courses, London, UK

“When we set up our business, we were looking for a reliable training provider for the healthcare multi-disciplinary team (MDT). We worked with The Mandatory Training Group to establish our training needs for each group of professionals. Their experience was invaluable, helping us to design new courses and assessments to meet the commissioners' and regulatory requirements”.

Anne Joy, OSD Healthcare, Hemel Hempstead, UK



Healthcare choice for **everyone** **Statutory and Mandatory Training for Healthcare Providers**

“All our senior clinicians were delighted with the delivery of the mandatory training courses. They found the course leaders to be very flexible with allocating more time to certain areas at request. The course contents that LearnPac had designed were tailored to our workforce, which helped them improve their understanding of the subjects. The application of legislative concepts to practice was excellent”.

Sophie Hartley-Jones, OneHealth Group, Sheffield, UK

Online Training and Development for the Public Sector



“We work with various public sector organisations. Statutory and mandatory training is essential for all our placements. We used LearnPac for the blended learning environment they provide for our staff. The online statutory and mandatory training courses adequately meet our regulatory requirements. LearnPac's learning management system enabled us to manage our learners and quickly sort out compliance for our workers. The flexibility of pricing and meeting our needs with the mandatory training was beneficial.”

David Sanchez, Eden Brown Synergy, London, UK



Blended Train the Trainer Courses for Healthcare Providers

“We were looking to provide resuscitation and first aid training for clinical and non-clinical staff internally. The Mandatory Training Group stood out because they provide comprehensive blended learning solutions. Our internal trainers and facilitators were able to complete the theory training and assessments in advance. The practical sessions were packed with meaningful activities throughout the day. The lead trainers also helped us to complete training needs assessments”.

Kate McLoughlin, Nuffield Health, Bournemouth, UK

[Click Here to Buy this Course](#)

LEARN. DEVELOP. COMPLY.

The Mandatory Training Group is the leading UK provider of accredited statutory and mandatory training courses for all sectors, including health and social care, education, local government, private and charity sectors.

We have supported over one million learners to reach their potential through e-learning courses and qualifications using our interactive online learning portal.

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