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by vive health

OWNER'S MANUAL  
631 LSO  
SKU: SUP2025



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## 631 LSO

### ADJUSTING THE BRACE



For a video demonstration  
check out [coretechortho.link/8593e](https://coretechortho.link/8593e)

Before putting the brace on, it's important to adjust the brace to a suitable size. The upper left and upper right are labeled so that the user can identify the correct orientation when adjusting or putting on the belt. There is a size range representing waist size printed on the inside of the belt.



### To Adjust Sizing:

1. Disconnect the fabric fasteners on each side of the belt from its tab on the back panel.

2. Fold each side of the belt to the desired size. The fold in the strap will determine the functional length of the straps.



3. Reattach the straps to the fastener tabs on the back panel.



Optional side panels have been provided for added support and compression. To install the side panels.

1. Lay the brace on a flat surface with the inside of the brace facing upwards.



2. Apply the removable side panels to each waist strap on the brace where the straps would fit against your obliques.



3. Test the fit with the instruction below and reposition the straps and pads as needed.

The back panel can be easily attached or removed from the fabric fasteners on the belt to tailor the user's desired level of support.

## PUTTING THE BRACE ON

1. Position the brace so that the back panel is right side up and centered on your spine, just above the waist and the size labels on the inside are facing right side up.
2. While keeping the back panel centered, wrap the left-side strap around and hold it against your abdomen.
3. With the left-side panel held firmly in place, wrap the right-side panel over the left and secure it with the fabric fastener at the end of the strap.



4. Grab the compression cords using the thumb loops and slowly pull the cords in unison away from your body until the desired amount of compression is achieved.
5. While keeping the cords pulled to the desired tightness, bring each thumb loop around and secure it to the front of the brace.



## CARE

- Spot clean with a damp cloth, air dry. Do NOT machine wash or dry.

## WARNINGS

The product is intended for application by a licensed health care practitioner as directed by a physician or other qualified medical authority. Permanent injury may result from use other than as directed by a physician or other medical authority.

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